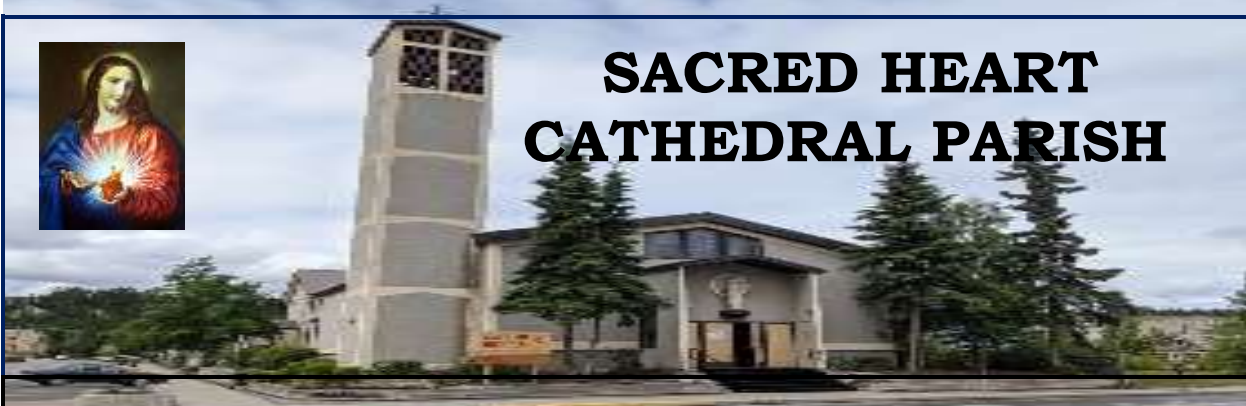




SACRED HEART CATHEDRAL PARISH



Address: 406 Steele Street, Whitehorse, Yukon, Y1A 2C8 Phone: (867)-667-2437

Rev. Fr. Slawomir Szwagrzyk, Rector / Parish Priest, www.sacredheartcathedral.ca, office@sacredheartcathedral.ca

6th Sunday in Ordinary Time-Year B

32nd WORLD SUNDAY OF THE SICK

11 February 2024



decoradosdeunas.blog...



(if courtesy of: fofmistry.com)

"Our Faith and Courage manifest the Will of God in us beyond doubts. The Spirit of Joy witnessing the marvelous deeds of the Lord drives us courageously to proclaim the mystery of our faith." –Vicenrosebar (*Gospel Reflection: Mark 1. 40-45*)

PARISH UPDATES

Please Be Informed, Interested and Willing To Get Involved, Share/Donate, Support, Participate, Cooperate

I. FEBRUARY 11: THE 32nd WORLD DAY OF THE SICK AND FEAST OF OUR LADY OF LOURDES



"It is not good that man should be alone—Healing the Sick by Healing Relationships," is the theme of Pope Francis' message for the 2024 commemoration of the World Day of the Sick, held on 11 February. In his message, released on Saturday, the Pope explores the fundamental importance and healing power of our relationships with others and with God. [Pope's World Day of Sick message: Heal relationships to heal the ill](http://www.vaticannews.va/en/pope/news/2024-01/pope-francis-world-day-sick-message) www.vaticannews.va/en/pope/news/2024-01/pope-francis-world-day-sick-message



May the Blessed Virgin, "Health of the Sick" and "Mother of the Living", be our support and our hope and, through the celebration of the Day of the Sick, increase our sensitivity and dedication to those being tested, along with the trusting expectation of the luminous day of our salvation, when every tear will be dried forever (cf. Is 25:8). May it be granted to us to enjoy the first fruits of that day from now on in the superabundant joy — though in the midst of all tribulations (cf. 2 Cor 7:4) — promised by Christ which no one can take from us (Jn 16:22). -Pope John Paul II, *Vatican*, 21 October 1992

II. FEBRUARY 11: BEAUTIFUL BREAKFAST

The Couple for Christ (CFC - Whitehorse) will hold a [Beautiful Breakfast](#) on February 11, 2014 at 10:00 AM to 1:00 PM at the CYO Hall. This noble event is aimed in concelebration of the World Day Of The Sick. You are all invited to partake in this event and share your benevolence in any amount that will augment our ways means of praying and serving our ailing brothers and sisters in our community, our parish, and diocese.

Welcome and Thank you for helping us make a difference in their lives even for just a while.



III. FEBRUARY 11: WORLD MARRIAGE DAY



World Marriage Day began in 1983 and celebrated every 2nd Sunday of February. The goal of World Marriage Day is to highlight the beauty of marriage and to honor all husbands and wives for their faithfulness and sacrifices. The intention of this day is to help couples make good marriages even better. The theme for Year 2024 is *"Love Beyond Words"*. This reminds us that **LOVE IS SEEKING THE GOOD FOR THE OTHER (for the one we loved) AND NOT SEEKING THE GOOD OF THE OTHER FOR US (for our own selfish motives).**

IV. FEBRUARY 14: ASH WEDNESDAY: Beginning of the Season of Lent which ends on March 28: Holy Thursday

"Ash Wednesday is a commencement of the 40 days preparation for the celebration of the Mystery of our Faith. The Christians are called journey deeper on their lives, acknowledge their wounded nature and accept their sinfulness, make amends and seek forgiveness, and prepare spiritually for the celebration of **Feast of the Easter**. Ash Wednesday is a solemn day that implies simplicity, humility, mortality, acceptance of human imperfection, and the need of God's love for our existence and fulfillment of His dreams, His hopes, His treasures and His glory. Please find time to read and reflect several Bible Verses that relates to the celebration of Ash Wednesday such as but not limited to: Genesis 3:19; Ezekiel 9:3; 2 Samuel 13:19; Esther 4:1; Job 2:8; Daniel 9:3; and Matthew 11:21.



Two Holy Masses will be celebrated on February 14, 2024 Ash Wednesday. First Mass is at 12:10 PM and 7:00 PM respectively. Ash Wednesday is a holy day of Christian Obligations. Fasting is required on this day and on Good Friday. Fasting is required of adult Catholics between the ages of 18 and 59. This means we eat only one full meal per day. Two smaller meals or snacks may also be taken, sufficient to maintain one's strength, but together they should not equal the one full meal. No food

may be taken between meals but liquids, including milk and juice, may be taken between meals. **Exempted from Fasting are** 1) elderly persons who cannot fast at all; 2) elderly persons who can fast but with great difficulty; 3) persons with temporary illness; 4) persons with long-term illness; 5) pregnant or nursing woman; and 6) persons who are physically and mentally ill. Fasting is always accompanied by **Abstinence**, which is refraining from the consumption of meat, is obliged for Catholics 14 and older. Catholics are obliged to abstain from meat on Ash Wednesday and the Fridays of Lent, including Good Friday.

V. UPDATED DIOCESAN WEBPAGE FOR LENT 2024

All Parishioners are enjoined to visit the updated [Lent 2024](#) webpage of our Diocese for more sources of materials and references in enriching the spirit of your reflective celebration of the Season of Lent.

The Vatican published Pope Francis' Message for Lent 2024 with the theme, *"Through the desert God leads us to freedom."*

We are all invited to come and participate the **Station of the Cross** every Friday at 7:00 PM inside the Church starting February 16, 2024 to March 29, 2024 respectively.



VI. FEBRUARY 14: St. Valentine's Day and Culmination of the National Marriage Week



"Where there is love, there is God."... "The image of God is the married couple: the man and the woman; not only the man, not only the woman, but both of them together. This is the image of God: **love**, God's covenant with us is represented in that covenant between man and woman. And it is very beautiful." - Pope Francis

"Marriage is a path to Sanctity" - St. Jose Maria Escriva

VII. SUNDAY COLLECTIONS AND OFFERINGS FOR JANUARY 2024 is \$14,772.00. Our heartfelt thanks and appreciation to all of you all for your great love for God and generosity to our beloved Church. God ever bless us all always.

VIII. FEBRUARY 15: THURSDAY: PARENTS INFORMATION NIGHT

St. Francis of Assisi Catholic Secondary School is currently accepting applications for admission for SY 2024-2025 Grade 7 and Grade 8. For more information, please visit the Admission page of the school website sfacss.ca. Parents are invited to attend the Information Night on Thursday, February 15 at 6:30 PM. A zoomlink will be shared in the website closer to the date.

IX. FEBRUARY 16: KNIGHTS OF COLUMBUS Council No. 6232

You are invited to Knights Ball Dinner –Dance-Honouring
“A Charity and Fun Filled Event” on Feb 16 Mount McIntyre, Whitehorse, YT Y1A 5G4,
at 6:00 PM Tickets: \$40 Food and Drinks included



Thank you for helping us make a significant impact by raising an amount that will support the Knights Service projects

X. SPECIAL PROGRAM AND CALLING FOR ADULTS AND FAMILIES

*Called to Love: Education in the Faith,
and Vocation within the Family*

Session 9 - Friday, February
23rd, 2024 at 7:00 PM

Catechesis for Adults and Parents

Every 2nd Friday,
7pm to 8:30pm

In the CYO hall at Sacred Heart Cathedral –
406 Steele St., Whitehorse

Starting Friday, October 13th, 2023 until May 10th, 2024

Topic: **Children’s Principles
Stages of Development:** The
Years of Innocence; Adolescence
In one’s Plan of Life and Towards
Adulthood
Presenters:

**Giuseppe and Myriam Fico
Missionary Family**

X. ON SPIRITUALITY

PRAYER INTENTIONS OF POPE
FRANCIS FOR FEBRUARY 2024

For The Terminally Ill.

*We pray that those with terminal
illness, and their families, receive the
necessary physical and spiritual care
and accompaniment. – Pope Francis*



XI. KNIGHTS OF COLUMBUS 2024 CHARITY RAFFLE DRAW

The Knights of Columbus are conducting its 2024 Charity Raffle. The draw date is June 1, 2024.

Cash prizes: 1st Prize \$3,000.00 2nd Prize \$1,000.00 3rd Prize \$500.00 Tickets are \$10.00 each.

For tickets please contact--Michael Lauer 332-5973, John Robbins 668-7049, Romeo Gayangos 334-4474.



XII. YUKON INTERNATIONAL CONFERENCE ON DIVERSITY AND INCLUSION 2024

TELIYA International Society presents YUKON INTERNATIONAL CONFERENCE ON DIVERSITY AND INCLUSION 2024 on Wednesday, February 14 from 10:00AM to 5:00 PM and on Thursday, February 15 from 9:00AM TO 5:00 PM. The conference will be held at Sternwheeler Hotel & Conference Centre (Westmark Hotel), 201 Wood Street, Whitehorse, Yukon, Canada. Insightful discussions, presentations, workshops, knowledge-sharing sessions, African Crafts and Exhibitions, Black History Month Displays and music performances. *For further details, see posters posted in designated conspicuous places and in our Church’s front lobby.*

XIII. WHITEHORSE RIGHT TO LIFE AGM



The **Whitehorse Right To Life Organization** which seeks to promote the dignity and security of all human life from conception to natural death will conduct its **Annual General Meeting (AGM)** on Monday, February 19th at 7:00 PM, 504 Cook Street in Whitehorse. All are welcome!

XIV. SPECIAL FELICITATIONS TO OUR PREMIER PRIDE IN THE COUNTRY SKI.

Congratulations!

To **Sonjaa Schmidt**, one of our parishioners who won the **Gold Medal** in Country Ski. Sonjaa Schmidt of Whitehorse became the **1st Canadian woman** to win gold at the U23 Nordic World Ski Championship event in Slovenia. We are very proud of her accomplishment as well as her parents, Anaka Sarek and Chris Schmidt.

XV. FEBRUARY 24 AND 25: PANCAKE BREAKFAST.

The **Knights of Columbus** invite everyone to their Annual Rendezvous Sourdough Pancake Breakfast Sat. Feb 24 & Sun. Feb 25 in the CYO Hall. Breakfast is served 8am-12 noon both days. Come and join us for our 52nd Sourdough Pancake Breakfast during Rendezvous.

PARISH MINISTRY

1. DAILY HOLY MASS CELEBRATIONS

A. Sunday Masses					B. Daily Masses		C. Special Masses	
5:00 PM Saturday	9:00 AM	10:30 AM	12:00 NN	7:00 PM } Sunday	12:10 NN Monday to Friday	9:00 AM First Saturday of the Month	Weddings and Funerals (by Appointments)	

D. Mass Intentions

Date	Day	Time	Intentions	Date	Day	Time	Intentions
Feb 10	Sat	5:00 PM	Still Birth & Unborn Children	Feb 13	Tue	12:10 PM	+ Marcelino & Juliana Carpio
Feb 11	Sun	9:00 AM	+K.E. Joseph – 17 th Death Anniversary	Feb 14 ASH WEDNESDAY		12:10 PM	Family Reconciliation & Healing
		10:30 AM	All Parishioners	Feb 15	Thu	12:10 PM	+Leoncio Barbarona
		12:00 NN	Deceased Family Members of Henri	Feb 16	Fri	12:10 PM	+ Medrado Rosero-7 th Death Anniversary
		7:00 PM	All Parishioners	Feb 17	Sat	5:00 PM	More devotees to the Sacred Heart of Jesus
Feb 12	Mon	12:10 PM	+ Fr. Claude Cantin				

E. Requests for Special Intentions during Holy Mass Celebrations

<p><i>You may request to offer the following Mass Intentions:</i></p> <ol style="list-style-type: none"> 1. Requiem Mass (Funeral services, Death anniversary/ remembering the souls) 2. Special Milestones (Birthdays, Anniversaries, etc.) 	<ol style="list-style-type: none"> 3. Healing Mass (fast recovery from sickness, reconciliation of relationships /ties) 4. Thanksgiving Mass (for most special intentions)
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2. SACRAMENTAL PREPARATIONS AND RITES

<p style="text-align: center; color: green;">Sacrament of Baptism</p> <p>Baptism Preparations: 1st and 2nd Friday of the Month Baptism Ceremony: Saturday at 6:00 PM and Sunday at 1:00 PM</p>	<p style="text-align: center; color: purple;">Sacrament of Reconciliation</p> <p>Saturday: 4:00 – 4:45 PM or call for an appointment Sunday: Before the Mass Monday to Friday: 11:30 AM – 12:00 NN</p>
<p style="text-align: center; color: blue;">Sacrament of Confirmation and Holy Communion</p> <p>Catechesis Classes: October 2023 - May 2024 Sacramental Rites: Spring and Summer 2024</p>	<p style="text-align: center; color: red;">Sacrament of Marriage</p> <p>Marriage Preparations: Spring Time Only Wedding Ceremony: Couples' Preference</p>

Sacrament of the Sick:

This is administered once a Year during the **World Day of the Sick (February 11)** during Holy Masses. On other days, this sacrament is administered by special request. Indicate clearly the Name of the Sick, Place, Time and the Contact Person. The priest will administer this sacrament ASAP

We acknowledge that **the Anointing of the Sick is for the benefit of the whole person**. We find this point demonstrated in the liturgical texts of the sacramental celebration: "Make this oil a remedy for all who are anointed with it; heal them in body, in soul and in spirit, and deliver them from every affliction." [ADDRESS OF JOHN PAUL II - Vatican](#)

3. ADORATION OF THE BLESSED SACRAMENT

Regular Schedule: Thursday: 1:00 PM – 8:00 PM, Sacred Heart Cathedral

We are with you in Praying for your intentions, petitions & all forms of supplications. Drop them in the **Prayer Intent Box**. Prayer Leaders and Alternates are still needed. *Please contact Katanne Belisle for more details.*

My dear ones, the Visit to the Blessed Sacrament is an extremely necessary way to conquer the devil. Therefore, go often to visit Jesus and the devil will not come out victorious against you. – St. John Bosco



4. Celebrating the Commemorations of the Saints For the 6th Week in Ordinary Time –Year B



February 14



February 17

ST. VALENTINE OF ROME

On 14 February, around the year 270, a Roman priest called Valentine was stoned and beheaded. In 496, Pope Gelasius marked 14 February as St. Valentine's Day in dedication of his martyrdom. For centuries, St. Valentine has been associated with romance, love and devotion. **St. Valentine's holy duties are not limited to interceding in loving couples and marriages. He is also the patron saint of beekeepers, epilepsy, plague, fainting and travelling.** – Léonie Chao-Fong

THE SEVEN HOLY FOUNDERS OF HE ORDER OF THE SERVITES

The Seven Holy Founders of the Order of the Servites (now Servants of Mary) were **Bonfiliius, Alexis, Manettus, Amideus, Hugh, Sostene, and Buonagiunta** who were successful cloth merchants from Florence, Italy. As members of a lay organization dedicated to the Blessed Mother, they were each devout in their faith. Their comradery, centered around their faith, not only united them more fully to God, but also to each other with a holy bond and a holy mission. Central to their mission was to spread devotion to the Seven Sorrows of Mary and to be her servants. They were canonized on January 15, 1888 by Pope Leo XIII.

Quote:

I have chosen you to be my first Servants, and under this name you are to till my Son's Vineyard. Here, too, is the habit which you are to wear; its dark color will recall the pangs which I suffered on the day when I stood by the Cross of my only Son. Take also the Rule of Saint Augustine, and may you, bearing the title of my Servants, obtain the palm of everlasting life. ~From a vision of the Blessed Virgin Mary.

Prayer: Dearest Founders of the Servite Order, you were called and you responded. You were given direction by Our Lady herself, and you obeyed. From that obedience, God raised up an army of servants who have spent centuries sharing His love and mercy with the world. Pray for me, that I may always obey God's will and seek to serve Him alongside those whom God has placed in my life. Seven Holy Founders, pray for me. Jesus, I trust in You.

It is our humble pleasure to serve you in cooperation with our Parish Rector, Fr. Slawek and our Diocese Bishop, Msgr. Vila.

Vicenta Barbarona
Parish Secretary

Hélène Lapensée
Parish Secretary – French Community

Chad Warren
Parish Accountant

Caroline Knickle
Parish Catechist

**MESSAGE OF HIS HOLINESS POPE FRANCIS
XXXII WORLD DAY OF THE SICK**

11 February 2024

“It is not good that man should be alone”.

Healing the Sick by Healing Relationships

“It is not good that man should be alone” (cf. *Gen 2:18*). From the beginning, God, who is love, created us for communion and endowed us with an innate capacity to enter into relationship with others. Our lives, reflecting in the image of the Trinity, are meant to attain fulfilment through a network of relationships, friendships and love, both given and received. We were created to be together, not alone. Precisely because this project of communion is so deeply rooted in the human heart, we see the experience of abandonment and solitude as something frightening, painful and even inhuman. This is all the more the case at times of vulnerability, uncertainty and insecurity, caused often by the onset of a serious illness.

In this regard, I think of all those who found themselves terribly alone during the Covid-19 pandemic: the patients who could not receive visitors, but also the many nurses, physicians and support personnel overwhelmed by work and enclosed in isolation wards. Naturally, we cannot fail to recall all those persons who had to face the hour of their death alone, assisted by healthcare personnel, but far from their own families.

I share too in the pain, suffering and isolation felt by those who, because of war and its tragic consequences, are left without support and assistance. War is the most terrible of social diseases, and it takes its greatest toll on those who are most vulnerable.

At the same time, it needs to be said that even in countries that enjoy peace and greater resources, old age and sickness are frequently experienced in solitude and, at times, even in abandonment. This grim reality is mainly a consequence of the culture of individualism that exalts productivity at all costs, cultivates the myth of efficiency, and proves indifferent, even callous, when individuals no longer have the strength needed to keep pace. It then becomes a throwaway culture, in which “persons are no longer seen as a paramount value to be cared for and respected, especially when they are poor or disabled, ‘not yet useful’ – like the unborn, or ‘no longer needed’ – like the elderly” (*Fratelli Tutti*, 18). Sadly, this way of thinking also guides certain political decisions that are not focused on the dignity of the human person and his or her needs, and do not always promote the strategies and resources needed to ensure that every human being enjoys the fundamental right to health and access to healthcare. The abandonment of the vulnerable and their isolation is favoured also by the reduction of healthcare merely to a provision of services, without these being accompanied by a “therapeutic covenant” between physicians, patients and family members.

We do well to listen once more to the words of the Bible: “It is not good for man to be alone!” God spoke those words at the beginning of creation and thus revealed to us the profound meaning of his project for humanity, but at the same time, the mortal wound of sin, which creeps in by generating suspicions, fractures, divisions and consequently isolation. Sin attacks persons and all their relationships: with God, with themselves, with others, with creation. Such isolation causes us to miss the meaning of our lives; it takes away the joy of love and makes us experience an oppressive sense of being alone at all the crucial passages of life.

Brothers and sisters, the first form of care needed in any illness is compassionate and loving closeness. To care for the sick thus means above all to care for their relationships, all of them: with God, with others – family members, friends, healthcare workers – , with creation and with themselves. Can this be done? Yes, it can be done and all of us are called to ensure that it happens. Let us look to the icon of the Good Samaritan (cf. *Lk 10:25-37*), to his ability to slow down and draw near to another person, to the tender love with which he cares for the wounds of a suffering brother.

Let us remember this central truth in life: we came into the world because someone welcomed us; we were made for love; and we are called to communion and fraternity. This aspect of our lives is what sustains us, above all at times of illness and vulnerability. It is also the first therapy that we must all adopt in order to heal the diseases of the society in which we live. To those of you who experience illness, whether temporary or chronic, I would say this: Do not be ashamed of your longing for closeness and tenderness! Do not conceal it, and never think that you are a burden on others. The condition of the sick urges all of us to step back from the hectic pace of our lives in order to rediscover ourselves.

At this time of epochal change, we Christians in particular are called to adopt the compassion-filled gaze of Jesus. Let us care for those who suffer and are alone, perhaps marginalized and cast aside. With the love for one another that Christ the Lord bestows on us in prayer, especially in the Eucharist, let us tend the wounds of solitude and isolation. In this way, we will cooperate in combating the culture of individualism, indifference and waste, and enable the growth of a culture of tenderness and compassion.

The sick, the vulnerable and the poor are at the heart of the Church; they must also be at the heart of our human concern and pastoral attention. May we never forget this! And let us commend ourselves to Mary Most Holy, Health of the Sick, that she may intercede for us and help us to be artisans of closeness and fraternal relationships.

Rome, Saint John Lateran, 10 January 2024

FRANCIS

*Special Seeds of Truth and Realization On the Message of Pope Francis
For Ash Wednesday.*

WE ARE DUST LOVED BY GOD.

ASHES represent as a reminder of the direction of our existence: “A PASSAGE FROM
DUST TO LIFE.”

ASHES on our foreheads should influence the thoughts passing through our minds.

“What am I living for?” We are meant to LIVE FOR GOD.

ASHES also remind us of the “DUST OF DEATH”.

“Let us look inside, into our hearts: how many times do we extinguish the fire of God with
the ashes of hypocrisy!”

“BE RECONCILED TO GOD!” Holiness is not achieved by our efforts, for it is grace!”

If, from being created by God in His own image, you do not comprehend
the values of your soul, learn it from Jesus Christ who has redeemed you
with his own blood. – St. Alphonsus Liguori

YOU ARE MY REFUGE LORD,
WITH DELIVERANCE YOU SURROUND ME.

PSALM 32