

Rev. Fr. Slawomir Szwagrzyk, Rector / Parish Priest, <u>www.sacredheartcathedral.ca</u>, office@sacredheartcathedral.ca

LENT - WEEK 5 (March 17 - March 23)

5th SUNDAY OF LENT

17 March 2024

In Times when our minds are in great trouble for decision making while our hearts are neutrally numbed and our bodies are exhausted to arise, let us remember the hour when the soul of Jesus was troubled and He never asked God the Father to save Him from that hour. He knew the reasons and His impending responsibilities. What then, if Jesus had quit? - Vicenrosebar



GOSPEL: John 12: 20-33

PARISH UPDATES

Please Be Informed, Interested and Willing To Get Involved, Share/Donate, Support, Participate, Cooperate

I. HIGHLIGHTS OF THE HOLY WEEK CELEBRATION

SCHEDULE OF CONFESSION

March 23, Saturday

10:00AM-5:00PM

March 25, Holy Monday:

11:00 AM -12:00NN

March 26, Holy Tuesday: 4:00 PM – 5:00 PM

March 27, Holy Wednesday: 11:00 AM – 12:00 NN

March 28, Holy Thursday:

8:00 PM – 10:00 PM

March 29, Holy Friday: 8:00 AM – 12:00 NN



PALM SUNDAY

Glorious Entry of the Lord in Jerusalem



March 23, Saturday Holy Mass @ 5:00 PM March 24, Sunday Holy Masses @ regular schedules with blessings of Palms

CHRISM MASS

** Blessing of Oil **

March 26, Holy Tuesday Mass @ 5:00 PM





A manifestation of the Unity of Priests with their Bishops. The Blessed Oils are used for the administration of the Sacraments.

HOLY THURSDAY March 28, @ 7:00 PM Last Supper Mass



Adoration of the Blessed Sacrament and Confession after the Mass until 10:00 PM



GOOD FRIDAY: March 29:

@ 8:00AM-12:00NN Adoration and Confession

@ 3:00 PM Passion of the Lord followed by the Divine Mercy Novena



@ 7:00 PM Station of the Cross



HOLY SATURDAY March 30 @ 10:00 AM *Blessing of Foods



@ 08:00 PM Holy Easter Mass



EASTER SUNDAY March 31



@ 9:00 AM

@ 10:30 AM

@ 7:00 PM

THE TEMPEST



II. Please remember the Holy Land Collection. PONTIFICAL COLLECTION FOR THE CHURCH IN THE HOLY LAND ON GOOD FRIDAY, MARCH 29, 2024

The Annual Good Friday Collection was first taken at Pope Paul VI's request fifty (50) years ago. It is the only yearly request asked by the Holy See of dioceses and parishioners throughout the world to assist the Church in the Holy Land. The monies collected support its pastoral, educational, and social works and help to maintain the Holy Place so important for the faith of Christians everywhere.

For the sake of our brothers and sister enduring hardships, please give generously during your parish's Good Friday celebrations on March 29, 2024. If you are unable to attend the service, it is possible to contribute by Tnteract e-transfer to terresainte@bellnet.ca or online at Commissariat.ca – receipts will be issued.

On behalf of the Franciscan Custody of the Holy Land, to whom the Holy See has ebtrusted this ministry for nearly 700 years, I sincerely thank you for your support. - Reverend Robert Mokry, OFM, Commissary of the Hoy Land in Canada

III. STATION OF THE CROSS

Encouraging everyone especially those have not yet attended the Station of the Cross this Lenten Season and have a new experience of grace that it brings to your life. Come and join the last Two Fridays, March 22 and 29 @7:00 PM, before the Easter Sunday.

IV. MARCH 23 & 25: CHILDREN'S THEATRE

Hope you will not forget to come and behold the performance of the Shepherd's Players on: @ 1:30 PM, CYO Hall. ADMISSION IS BY DONATION. Thank you!

V. MUSIC MINISTRY: A. Do you want to sing with the choir?

If you think this is something you would enjoy and would like to try it out, please contact Lucille Stuart at <u>Lstuart@northwestel.net</u>, or call or text me at (867) 334-7700.

B. Mass Schedule Of Choir Groups

1) PALM SUNDAY: @ 9:00 AM - Ryan, Lucille & Jilian; @10:00AM - Katherine Williams & Children; @7:00 PM - Dominic Pelayo and Group; 2) HOLY TUESDAY CHRISM MASS: @5:00 PM - Jacqueline and Rachael; 3) HOLY THURSDAY LAST SUPPER MASS: 7:00 PM - Women's Choir / Chant Group; 4) GOOD FRIDAY PASSION OF THE LORD @3:00PM - Ryan, Jilian & Lucille; 5) HOLY SATURDAY @8:00PM EASTER VIGIL MASS; 6) EASTER SUNDAY @9:00AM - Sean Dayagbil; @ 10:30AM - Women's Choir; and @7:00 PM - Dominic Pelayo and Group (to be confirmed)

VI. CATECHESIS NEWS:

All Catechesis Classes are suspended in adherence to Spring Break and celebration of the Holy Week. Most classes will resume the week after Easter. Classes resume on April 8, 2024. Please be guided well.

VII. ON SPIRITUALITY

Prayer Intention for March" For the new martyrs: We pray that those who risk their lives for the gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm. – **Pope Francis**



VIII. SPAGHETTI DINNER PROCEEDS

It is of great delight, thanks and praises to God that the Spaghetti Dinner last March 2, Saturday, was very fruitful and meaningful. It had raised a proceeds of \$2,099.05 which is intended to support the Church Walls Insulation Project. The activity enhanced the spirit of camaraderie and mutual solidarity of everyone who attended especially highlighted by the Singing Band Performers who added joy and warmth of the fellowship. We sincerely recognized the exemplary efforts afforded by the Performers, the Host Team headed by Mariana Giaccaglia and all the people who made the affair very successful. To God be the glory. 💙 💙 💜

IX. CYO HALL DEEP CLEANING

Please mark your calendars Saturday April 13 from 10:00AM to 5:00PM. We will be doing a DEEP CLEANING of the CYO.

hall. We need help to give some love and restore the hall together. Come for a 1, 2 or 3 hours and we will provide some cleaning supplies. If you have some personal preferences bring the ones from home too. For Question contact Mariana at yukonhope7@gmail.com									
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1. DAILY HOLY MASS CELEBRATIONS									
A. Sunday Masses			B. Daily Masses		C. Special Masses				
9:00 AM			12:10 NN Friday				Weddings and Funerals (by Appointments)		
D. Mass Intentions									
Day	Time	Intentions	3	Date	Day	Time	Intentions		
Sat	5:00 PM	0 PM Magellaine B. Albeos – Birtho and Healing / Good Health				12:10 PM	Chris Potvin - Birthday		
						7:00 PM			
Sun	9:00 AM	Nathalie-Thanksgiving		Mar 20	Wed	12:10 PM			
	10:30 AM			Mar 21	Thu	12:10 PM			
	12:00 NN	Monique Monfette – Health		Mar 22	Fri	12:10 PM			
	7:00 PM	All Parishioners		Mar 23	Sat	9:00 AM	+Arleen Florence Kovac		
Mon	12:10 PM	+Maxemo Excol	oio Sr.			5:00 PM	Svea Potvin - Birthday		
	A. S 9:00 AM Day Sat	A. Sunday Mass 9:00 10:30 12: AM AM NN Day Time Sat 5:00 PM 9:00 AM 10:30 AM 12:00 NN 7:00 PM	peed help to give some love and restore to supplies. If you have some personal prefection contact Mariana at <a href="https://www.nuhope7@contact-width: 2007/www.nuhope7@contact-width: 2007/</td><td>PARISH 1. DAILY HOLY A. Sunday Masses 9:00 10:30 12:00 7:00 Sunday AM AM NN PM D. Mass Day Time Intentions Sat 9:00 AM Magellaine B. Albeos – Birthday and Healing / Good Health 9:00 AM Nathalie-Thanksgiving 10:30 AM 12:00 NN Monique Monfette – Health 7:00 PM All Parishioners</td><td>PARISH MINISTR 1. DAILY HOLY MASS CELE A. Sunday Masses 9:00 10:30 12:00 7:00 Sunday AM AM NN PM D. Mass Intentions Sat 5:00 PM Magellaine B. Albeos – Birthday and Healing / Good Health 9:00 AM Nathalie-Thanksgiving 9:00 AM Nathalie-Thanksgiving Mar 20 10:30 AM 12:00 NN Monique Monfette – Health 7:00 PM Mar 23</td><td>peed help to give some love and restore the hall together. Come for a 1, 2 or applies. If you have some personal preferences bring the ones from home togetion contact Mariana at www.nuberto.com PARISH MINISTRY 1. DAILY HOLY MASS CELEBRATION A. Sunday Masses 9:00 10:30 12:00 7:00 Sunday Masses 9:00 10:30 12:00 7:00 Sunday Masses Day D. Mass Intentions Day D. Mass Intentions Date Day Saturday D. Mass Intentions Date Day Solemnity of St. Joseph Mar 20 Wed 10:30 AM Nathalie-Thanksgiving Mar 20 Wed 10:30 AM Monique Monfette – Health Mar 22 Fri 7:00 PM All Parishioners Mar 23 Sat	peed help to give some love and restore the hall together. Come for a 1, 2 or 3 hours and variables. If you have some personal preferences bring the ones from home too. PARISH MINISTRY 1. DAILY HOLY MASS CELEBRATIONS A. Sunday Masses B. Daily Masses C. Spe 9:00 10:30 12:00 7:00 Sunday AM NN PM 12:10 NN Monday to Friday D. Mass Intentions Date Day Time Intentions Date Day Time Sat 5:00 PM Magellaine B. Albeos – Birthday and Healing / Good Health Solemnity of St. Joseph 7:00 PM 9:00 AM Nathalie-Thanksgiving Mar 20 Wed 12:10 PM 7:00 PM 10:30 AM Nathalie-Thanksgiving Mar 21 Thu 12:10 PM 12:10 PM All Parishioners Mar 23 Sat 9:00 AM					

E. Requests for Special Intentions during Holy Mass Celebrations

You may request to offer the following Mass Intentions:

Requiem Mass (Funeral services, Death anniversary/ remembering the souls) 2. Special

Milestones (Birthdays, Anniversaries, etc.)

3. Healing Mass (fast recovery from sickness, reconciliation of relationships /ties)

4. Thanksgiving Mass (for most special intentions)

2. SACRAMENTAL PREPARATIONS AND RITES

(Forms are downloadable from our website. It is also available in our Church's Lobby or at the Rectory Office. SACRAMENTS ARE FREE! Your Thanksgiving Offering for the Sacramental Rites will depend on the generosity of your hearts. God knows the contriteness of your hearts and He will reward you abundantly and accordingly.)

Sacrament of Baptism	Hote W	elcome to the	Sacrament of Reconciliation
Sacrament of Baptism Baptism Preparations: 1st & 2nd Friday of the Month:	Chr	istian Catholic	Saturday: 4:00 – 4:45 PM or call for an appointment
@ 7:00PM and Baptism Ceremony: Saturday		nity BIN CODY	Sunday: Before the Mass
at 6:00 PM & Sunday 1t 1:00 PM	DE LEON :	17March 2024	Monday to Friday: 11:30 AM - 12:00 NN
Sacrament of Confirmation and Holy Commu	union		Sacrament of Marriage

Catechesis Classes: October 2023 - May 2024

Sacramental Rites: Spring and Summer 2024

Marriage Preparations: Spring Time Only Wedding Ceremony: Couples' Preference

Sacrament of the Sick:

This is administered once a Year during the World Day of the Sick (February 11) during Holy Masses.

On other days, this sacrament is administered by special request. Indicate clearly the Name of the Sick, Place, Time and the Contact Person. The priest will administer this sacrament ASAP.

me remembral ce of the most holy Passion of Jesus Christ is the door through which the soul enters into intimate union with God. internal recollection and most sublime contemplation" – St. Paul of the Cross

3. ADORATION OF THE BLESSED SACRAMENT

Regular Schedule: Thursday: 1:00 PM - 8:00 PM, Sacred Heart Cathedral

We are with you in Praying for your intentions, petitions & all forms of supplications. Drop them in the Intent Box. Prayer Leaders and Alternates are still needed. *Please contact Katanne Belisle* "Consecrate yourselves today to the Lord...that He may bestow upon you a blessing this day". (Exodus 32.29)



HOMAGE TO OUR SAINTS



Contributed greatly to the theological understanding of the early Church



Principal Patron of Canada; Patron of the Universal Church



Established the FIRST Seminary in Latin America March 18: St. Cyril of Jerusalem March 19: St. Joseph spouse of the Blessed Virgin Mary March 23: St. Turibius of Mogrovejo

Reflection: The Fifth Sunday of Lent (Year B) SUFFERING TRANSFORMED BY GLORY

"I am troubled now. Yet what should I say? 'Father, save me from this hour'? But it was for this purpose that I came to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it and will glorify it again." John 12:27–28

Our Lord's human soul was "troubled." Other translations state that His soul was in agony. After expressing His interior suffering, Jesus identified the human temptation caused by this suffering: to flee from His "hour." Of course Jesus dismisses this temptation as a way of teaching us a lesson from His human experience.

As God, Jesus had perfect strength and always remained faithful to the mission He received from the Father. But as a human, Jesus permitted Himself to experience temptation and human suffering for many reasons. One reason was so that He could relate to us in every way. That includes being able to relate to interior human suffering. In doing so, Jesus also made it possible for us to imitate Him and to share in the strength and determination He had as He perfectly fulfilled the will of the Father. Jesus allowed Himself to endure the agony caused by foreseen suffering because we will endure similar temptations through life.

What is it that causes you fear and anxiety as you look into the future? If there is something that immediately comes to mind, try to look at that within the light of Jesus' own experience above. The first thing Jesus does is identify the temptation to fear. He does this by identifying the interior suffering He experiences and then by looking at the cause: His coming "hour." The "hour" of Jesus in the Gospel of John is a reference to His crucifixion and death. This was the reason He came to us. He came to suffer the consequences of our sins and to destroy death itself. But this mission of His was the cause of true human suffering and was also a temptation toward fear. But it was a fear that He perfectly overcame.

As you look at anything that tempts you to give into fear and anxiety, first ask yourself whether it is the will of God that you fulfill that action. If we are fearful of something that is not the will of the Father, then we should reject it. But very often the plan God has for our lives will include acting with courage in the face of some pending cross and suffering. Experiencing fear is normal, but fear will not turn into anxiety if we imitate our Lord and choose the will of God no matter the cost.

Jesus also embraced His Cross by looking at it through the lens of glory. He understood that His suffering and death would glorify the Father in Heaven. Therefore, He allowed Himself to see the Cross as a glorification of the Father. The same must happen in our lives. No matter what we face in life, no matter the cross we are given, if it is the will of God that we embrace it, then we must see it not only as a suffering we must endure but primarily as an act by which God will be glorified in our lives. This truer perspective will bring with it hope, joy and strength which will free us from anxiety caused by fear.

Reflect, today, upon the ways in which God is calling you to the cross. As you do, don't allow fear to deter you. Instead, look at every pending suffering as an opportunity to glorify God in your life. See your crosses with gratitude and joy, and allow this new perspective to give you the strength you need to fulfill the mission given to you by the Father in Heaven.

Most glorious Father, Your will is perfect. You called Your Son to the suffering of the Cross. Through that act of perfect love, the suffering Your Son endured gave You perfect glory. Lord Jesus, please give me Your courage as I face my own sufferings in life and help me to imitate Your perfect obedience to the Father's will in all things so that I, too, may give Him glory. Jesus, I trust in You. (My Catholic Life)

It is our humble pleasure to serve you in cooperation with our Parish Rector, Fr. Slawek and our Diocese Bishop, Msgr. Vila.

Vicenta Barbarona Parish Secretary **Hélène Lapensée**Parish Secretary – French Community

Chad Warren
Parish Accountant

Caroline Knickle
Parish Catechist