

Rev. Fr. Slawomir Szwagrzyk, Rector / Parish Priest, <u>www.sacredheartcathedral.ca</u>, office@sacredheartcathedral.ca

LENT - WEEK 2 (Feb 25-March02)

2nd SUNDAY OF LENT

25 February 2024

May we internalize faithfully the essence of the Transfiguration of Our Lord Jesus Christ in Mt. Tabor and may the Holy Spirit inspires us more deeply in strengthening our Prayer Life with its core on nurturing ourselves towards Eternity for the Glory of God. May the Blessed Virgin Mary tenderly care and guide us to become bright rays of the mighty Saving Light of her Son, our Lord and Saviour, Jesus Christ. -Vicenrosebar



PARISH UPDATES

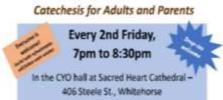
Please Be Informed, Interested and Willing To Get Involved, Share/Donate, Support, Participate, Cooperate

I. RELEASE OF 2023 TAX RECEIPTS

To our valued Parishioners, 2023 Tax Receipts will be mailed to you on February 26, Monday. Thank you so much.

II. SPECIAL PROGRAM AND CALLING FOR ADULTS AND FAMILIES

Called to Love: Education in the Faith, and Vocation within the Family Catechesis for Adults and Parents



Itarting Friday, October 13°, 2023 until May 10°, 2024

Session 9 - Friday, February 23rd, 2024 at 7:00 PM

Topic: Children's Principles
Stages of Development: The
Years of Innocence; Adolescence
In One's Plan of Life and Towards
Adulthood

Presenters:

Giuseppe and Myriam Fico Missionary Family

III. ON SPIRITUALITY

Our Pope Francis is earnestly calling and praying for us to be truly mindful of the real essence of the Lord's Paschal Mystery. May in our 40 days journey of Lent 2024 we will faithfully inscribed in our hearts and minds that "Through the desert God leads us to freedom."

Pope Francis

IV. AN INVITATION

We are all invited to come and partcipate the STATION OF THE CROSS every Friday at 7:00 PM inside the Church starting February 16, 2024 to March 29, 2024 respectively.

V. UPDATED DIOCESAN WEBPAGE FOR LENT 2024

All Parishioners are enjoined to visit the updated <u>Lent 2024</u> webpage of our Diocese for more sources of materials and references in enriching the spirit of your reflective celebration of the Season of Lent.



VI. FEBRUARY 24 AND 25: KNIGHTS OF COLUMBUS

A. PANCAKE BREAKFAST.

The Knights of Columbus invite everyone to their Annual Rendezvous Sourdough Pancake Breakfast Sat. Feb 24 & Sun. Feb 25 in the CYO Hall. Breakfast is served 8am-12 noon both days. Come and join us for our <u>52nd</u> Sourdough Pancake Breakfast during Rendezvous



B. KNIGHTS OF COLUMBUS 2024 CHARITY RAFFLE DRAW

The Knights of Columbus are conducting its 2024 Charity Raffle. The draw date is June 1, 2024. Cash prizes: 1st Prize \$3,000.00 2nd Prize \$1,000.00 3rd Prize \$500.00 Tickets are \$10.00 each. For tickets please contact--Michael Lauer 332-5973, John Robbins 668-7049, Romeo Gayangos 334-4474.

VII. FEBRUARY 26 - MARCH 01: RECTORY IS CLOSED



In view of the **LENT RETREAT** for all Priests, Seminarians, and Staff working in the Diocese and the Parish on <u>February 26 to March 01, 2024, our Rectory Office will be closed.</u> However, <u>you can see</u> our Rector, Fr. Slawek, after the sessions at 5:00 PM. For emergency concerns, please call on his number.

Let us pray for the great success of this noble activity by the light of the Holy Spirit and may the participants be filled with graces they need to continue the Christian Missions put on their shoulders for the glory of God.

VII. MARCH 2, 2024: SPAGHETTI DINNER

All are invited to come and join the Spaghetti Dinner on March 02: Saturday at 6:00 PM in the CYO Hall. A donation of \$20 per individual person and \$100.00 for per family. Proceeds will be used to support the Church Walls Insulation Project. This is initiated by Mariana Giaccaglia and Team. Thank you very much for your cooperation.



VIII. The Star of the North Retreat Centre, www.starofthenorth.ca, 780-459-5511

March 1st at 6:30 pm to March 2nd at 6:30 pm. Topic: Lured Into the Desert:

The Healing Power of Prayer & Fasting A desert is where distractions are taken away and deeper issues can emerge. This 24-hour retreat experience of a "pustina," the Russian word for "desert," centered on the practice of Lectio Divina, will allow participants sacred time to name their need for healing, and to experience it through prayer and fasting.



IX. SOCIAL JUSTICE COMMITTEE: Share Lent 2024 - Reaping our Rights Campaign

Message from the Most Reverend William T. McGrattan, President, Canadian Conference of Catholic Bishops (Part One)

Dear sisters and brothers in Christ,

It gives me great pleasure to introduce the new campaign from Development and Peace – Caritas Canada, the official international development organization of the Catholic Church in Canada. Building on last year's theme of Create Hope, the 2024 campaign, Reaping our Rights, will create bridges of solidarity with small-scale farmers and peasant communities around the world. This campaign will be an opportunity to recognize their vital role in global food production and rural development. More than ever, these communities are facing challenges like armed conflicts, land grabbing, agribusiness, mining, soil contamination and climate change, which are causing or exacerbating droughts, floods, fires and hurricanes.

The Reaping our Rights campaign will raise awareness of the need to acknowledge, enshrine and safeguard peasant peoples' rights to land, water, justice, equality, gender equity, health, a safe environment, food sovereignty, biodiversity, education and housing. (For more information see https://devp.org/en/campaign/reaping-our-rights)



PARISH MINISTRY



. DAILY HOLY MASS CELEBRATIONS

A. Sunday Masses							B. Daily Masses	C. Special Masses		
ĺ	5:00 PM	9:00	10:30	12:00	7:00 լ Sun	day	12:10 NN Monday to	9:00 AM First	Weddings and Funerals	
ı	Saturday	AM	AM	NN	PM J		Friday	Saturday of the Month	(by Appointments)	

D. Mass Intentions

Date	Day	Time	Intentions	Date	Day	Time	Intentions
Feb 24	Sat	5:00 PM		Feb 27	Tue	12:10 PM	
Feb 25	9:00 AM P		Peace & Teamwork in the Workplace	Feb 28	Wed	12:10 PM	+Christina de Vera
	Sun	Sun 10:30 AM All Parishioners		Feb 29	Thu	12:10 PM	For more adorers of the Blessed Sacrament
	12:00 NN Nancy Bryant – For Health		Mar 01	Fri	12:10 PM	Repentance and Conversion of	
		7:00 PM	Rosamma Chacko				Sinners
Feb 26	Mon	12:10 PM	Job Protection & Welfare Benefits	Mar 02	Sat	9:00 AM 5:00 pm	

E. Requests for Special Intentions during Holy Mass Celebrations

You may request to offer the following Mass Intentions:

- Requiem Mass (Funeral services, Death anniversary/ remembering the souls)
 - 2. Special Milestones (Birthdays, Anniversaries, etc.)
- 3. Healing Mass (fast recovery from sickness, reconciliation of relationships /ties)
- 4. Thanksgiving Mass (for most special intentions)

2. SACRAMENTAL PREPARATIONS AND RITES

Sacrament of Baptism	Sacrament of Reconciliation
Baptism Preparations: 1st & 2nd Friday of the Month: 7:00PM	Saturday: 4:00 – 4:45 PM or call for an appointment
Baptism Ceremony: Saturday at 6:00 PM	Sunday: Before the Mass
and Sunday at 1:00 PM	Monday to Friday: 11:30 AM - 12:00 NN
Sacrament of Confirmation and Holy Communion	Sacrament of Marriage

Catechesis Classes: October 2023 - May 2024
Sacramental Rites: Spring and Summer 2024

Marriage Preparations: Spring Time Only Wedding Ceremony: Couples' Preference

Sacrament of the Sick:

This is administered once a Year during the World Day of the Sick (February 11) during Holy Masses.

On other days, this sacrament is administered by special request. Indicate clearly the Name of the Sick, Place, Time and the Contact Person. The priest will administer this sacrament ASAP

We acknowledge that **the Anointing of the Sick is for the benefit of the whole person**. We find this point demonstrated in the liturgical texts of the sacramental celebration: "Make this oil a remedy for all who are anointed with it; heal them in body, in soul and in spirit, and deliver them from every affliction." **ADDRESS OF JOHN PAUL II** - Vatican

3. ADORATION OF THE BLESSED SACRAMENT

Regular Schedule: Thursday: 1:00 PM - 8:00 PM, Sacred Heart Cathedral

We are with you in Praying for your intentions, petitions & all forms of supplications. Drop them in the Prayer Intent Box. Prayer Leaders and Alternates are still needed. *Please contact Katanne Belisle for more details.*

The Pope's Prayer Intention For March:

For the new martyrs: We pray that those who risk their lives for the gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.



"Consecrate yourselves today to the Lord...that He may bestow upon you a blessing this day". (Exodus 32.29)

4. CELEBRATING THE LIFE AND LEGACIES OF OUR SAINTS

Feb 21: St. Peter Damian - A Doctor of the Church known for his work for reform and renewal.

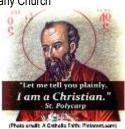


Feb 22: The Chair of St. Peter the Apostles - Celebrates Peter and his

 Celebrates Peter and his successors as bishop of Rome.



Feb 23: St Polycarp - is one of the Fathers of the early Church



Feb 27: St. Gregory of Narek

-10th American Monk, poet, and mystical writer and composer.



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The 2nd Sunday of Lent – Some Musings

"Rabbi, it is good for us to be here.

The day was overcast and as I cleaned the kitchen in the evening, a break in the clouds showed the nearly full moon, offering a fleeting glimpse of its beauty. As it shone through the bare branches of the trees, the moon shadows below were filled with a lattice work of black and white on the earth. It is these small miracles that fill me with peace and joy. These are not the miracles of the Transfiguration of our Lord but give us a brief glance into the glory that is to come – the glory of the risen Lord and our own resurrection at the end of time. When we wait around for those big miracles; the burning bush, the sudden appearance of a lamb for an offering, or the transfiguration of the Lord, we miss those marvelous small miracles of our everyday lives. Many of the miracles in Biblical literature occur on mountain tops but we don't spend much of our time on the mountain tops of our lives. Most of our lives are lived in the roller coaster rides of the ups and downs of our daily experience.

A child is born; a parent dies, we are diagnosed with some disease, and these things can wear us down. We laugh or cry; we wonder how we're going to make it through; but as Peter remarks, "Lord it is good for us to be here." We can wonder at times if it really is good to be where we are at the present moment; however if we stop for just a moment we can come to understand that we learn a great many valuable lessons in these moments. If we wait around for those marvelous moments when those big miracles happen we can miss those precious small miracles.

We sometimes don't consider these small miracles as anything other than their scientific explanation. As we were coming home from Mass the other evening we were blest with a brilliant tangerine sky as the sun slowly made its way below the western horizon. It was an incredible sight to behold and lasted only a few minutes. We all felt the wonder of that moment. And many people would not have seen it as they went about their Saturday evening routines. It was not that they ignored it but were caught up in something else; perhaps they were working, or preparing dinner or at the movies. So when we do see these small miracles let's recognize them as what they are – a message from our Lord.

And let's recognize that amazing miracle that takes place on the altar at the moment of consecration. Certainly we can explain the beauty of sunsets and sunrises, of heat and cold, of all sorts of things that are present in the natural world but there is no explanation for that miracle that changes that small wafer into the Body and Blood of our Lord Jesus. That cannot be explained by science or things in the natural world; it can only be believed if we have faith in the words of Jesus, "This is my Body; this is my Blood." It's a time for us to say, "Lord it is good for us to be here." Still when we receive that Host we can be blasé about it. Instead of spending those few precious moments with our Lord, we quickly go about other things that may attract our attention. We need to say with Peter, "Lord it is good for us to be here." and commit ourselves to living according to His law of love.

The days are getting longer giving us more time to sit or walk in that way of peace given to us by the Lord. I have discovered that I cannot find time for these things, I need to make that time. Let's advantage ourselves of those opportunities and make some quiet time each day to praise our God who blesses us with miracles both large and small and let's not let the concerns of daily living distract us from becoming the people He needs to carry out His saving mission here on earth. Wishing you many miracles both large and small. - Betty Bruch

YOUTH ON FIRE Activity is going on and so with the Catechesis of the Good Shepherds.

It is our humble pleasure to serve you in cooperation with our Parish Rector, Fr. Slawek and our Diocese Bishop, Msgr. Vila.

Vicenta Barbarona Parish Secretary Hélène Lapensée Parish Secretary – French Community **Chad Warren**Parish Accountant

Caroline Knickle
Parish Catechist