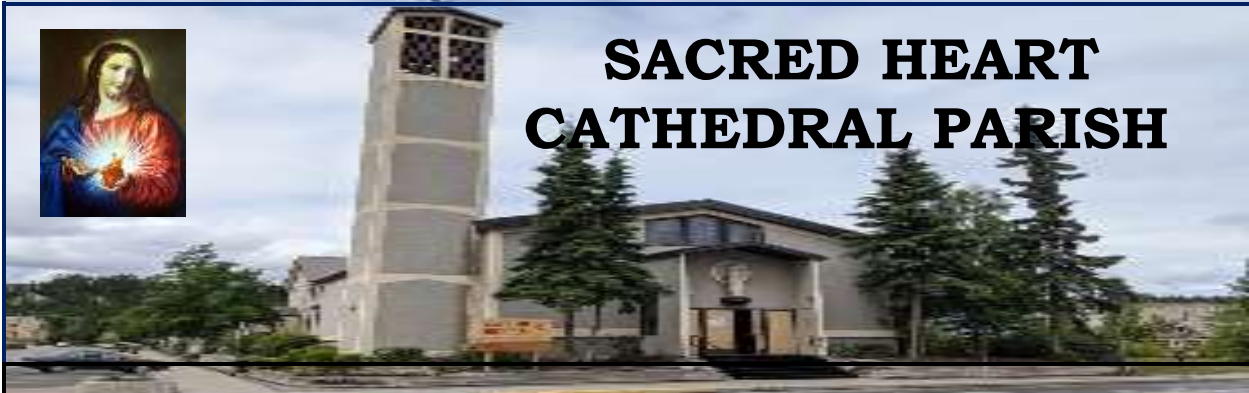




SACRED HEART CATHEDRAL PARISH



Address: 406 Steele Street, Whitehorse, Yukon , Y1A 2C8 Phone: (867)-667-2437
Rev. Fr. Slawomir Szwagrzyk, Rector / Parish Priest, www.sacredheartcathedral.ca, office@sacredheartcathedral.ca

4th Sunday in Ordinary Time-Year B

28 January 2024

GOSPEL: Mark 1. 21-28

Reflection:

The Teachings and Authority of Jesus are beyond reproach. He is Knowledge and Power. His wisdom and justice ever reigns. -Vicenrosebar

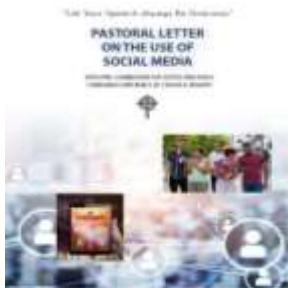


(Photo courtesy of pinterest.com)

PARISH UPDATES

Please Be Informed, Interested and Willing To Get Involved, Share/Donate, Support, Participate, Cooperate

I. PASTORAL LETTER ON THE USE OF SOCIAL MEDIA



On the liturgical memorial of Saint Francis de Sales, and with the approval of the Permanent Council, the Episcopal Commission for Justice and Peace of the Canadian Conference of Catholic Bishops (CCCB) releases its [Pastoral Letter on the use of social media](#) titled: ["Let Your Speech Always Be Gracious."](#)

Acknowledging the prominent role social media has come to play at an individual and societal level, this timely Pastoral Letter considers the benefits and dangers of social media from the perspective of Catholic Social Teaching. It provides tools for moral reflection and self-examination, and suggests seven commitments by which to be guided for a more ethical use of social media: 1) check for accuracy; 2) seek greater perspective; 3) value human dignity; 4) bring curiosity into the conversation; 5) distinguish between intention and impact; 6) privilege "in real life" encounters; 7) tend to our time spent online.

For more information, please visit the Roman Catholic Diocese of Whitehorse Facebook page or diocesan website at www.rcdw.ca, or www.cccb.ca.

II. CHILDREN'S FIRST RECONCILIATION

Congratulations to the children who received the First Sacrament of Reconciliation last January 27, Saturday. We also *congratulate* the parents for the unwavering support and guidance to their children. May the blessings of the Sacrament of Reconciliation lead them the way to continue transforming their lives into the "best-version-of-themselves". We gratefully appreciate the exemplary commitments and services rendered by our Catechesis Team led by Caroline Knickle. *To God be the glory!*

"Blessings To You"



On Your First Reconciliation

II. MEN'S BREAKFAST



Sacred Heart Cathedral will host the next Men's Breakfast in the CYO Hall on Wednesday, February 7, at 7 am. Our guest speaker will be Grant Zazula, Yukon government paleontologist, who will speak about recent discoveries in Yukon, including Nun Cho Ga, the baby woolly mammoth. Ten dollars pays for your breakfast and supports Braeburn Camp. (For more information, please contact Rick Griffiths at 867-667-6014 and email to ragriffiths.yt@icloud.com)

III. KNIGHTS OF COLUMBUS Council No. 6232

You are invited to Knights Ball Dinner –Dance-Honouring
“ A Charity and Fun Filled Event” on Feb 16 Mount McIntyre, Whitehorse, YT Y1A 5G4,
at 6:00 PM Tickets: \$40 Food and Drinks included



Thank you for helping us make a significant impact by raising an amount that will support the Knights Service projects

IV. YOUTH ON FIRE SACRED HEART (YFSC) GROUP: For Grades 5 to 8, FRIDAYS AT 6:30 pm - 8:30 PM

Schedule of Activities



Friday, February 2 CKES Gym
Friday, February 9 CKES Gym

Lent Begins

Friday, February 16 CKES Gym
Friday, February 23 No Youth group

Friday, March 1 at CKES Gym
Friday, March 8 at CKES Gym
Spring Break and Easter

Friday, April 5 at CKES Gym
Friday, April 12 TBA
Friday, April 19 at CKES Gym
Friday, April 26 at CKES Gym



**All Grades 5 to 8
Children are welcome!
Please bring your
indoor shoes.**

V. THE CATHOLIC PARENT VIDEO SERIES

All parents, foster parents, soon-to-be parents, and guardians are invited to watch and reflect on the said video series. Each of the six short episodes in this stunning video series features real Catholic parents sharing their struggles and victories in raising their children. The videos are available on Formed.org. For more info, visit www.rcdw.ca.

Formed.org: "The Catholic version of Netflix" - Not yet a Formed subscriber? Sign up for free following these easy steps:

1. Go to Formed.org
2. Click *Sign Up* at the top of the page.
3. On the *Create a New Account* page - *Find your Parish or Organization*, type in 'Sacred Heart Cathedral' and select the parish in Whitehorse.
4. Enter your name and email - and you're in!

Having trouble accessing Formed.org? Call or email the diocese at 867-667-2052 or bishopoffice@rcdw.ca



Welcome to The Catholic Parent,
a video series created for Catholic parents
by Catholic parents!

Created through a collaboration between the Augustine Institute and Catholic Sprouts, each of the six short episodes in this stunning video series features real Catholic parents sharing their struggles and victories. Through The Catholic Parent, the Catholic families you serve will find solidarity and encouragement as they embrace their vital role as formators of their children.

VI. ON SPIRITUALITY: PRAYER INTENTIONS OF POPE FRANCIS FOR FEBRUARY 2024

For The Terminally Ill.

We pray that those with terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment. – Pope Francis



VII. FEBRUARY 02, FRIDAY: WORLD DAY OF CONSECRATED LIFE:



The purpose of the day is “to help the entire Church to esteem ever more greatly the witness of those persons who have chosen to follow Christ by means of the practice of the evangelical counsels” as well as “to be a suitable occasion for consecrated persons to renew their commitment and rekindle the fervour which should inspire their offering of themselves to the Lord”. (St. John Paul II, 1997)

Our sincere **CONGRATULATIONS** to all people who dedicated or consecrated their lives to God especially our beloved **Sister Edith and Sr. Karen of the Koinonia Association**, the Monks, the Hermits, and all those religious sisters and brothers who vowed consecration of their lives to God. We pray for your better health & safety, happy and long life, the ever burning fervor of faith, hope and love in the Lord and the unwavering company of the Blessed Virgin Mary with her mantle of love and tutelage.

VIII. GRATITUDE FROM THE BOTTOM OF OUR HEARTS



The noteworthy progress and development of our Diocese of Whitehorse and our Sacred Heart Cathedral Parish were made possible because of the unwavering supports and assistance of our beloved Parishioners, Friends, Contemporaries, and our Government in the Yukon. Thus, we heartily Thank You All, especially those who religiously offered regular Sunday Offering Envelopes, Cash and Direct Deposits, and those in all kinds and forms. To the One who paid for the **New Nativity Set** for our Parish, thank you very much too.

May the Good Lord above ever bless you all and grants you better health and fulfillments of the noble desires of your hearts.

IX. WHY PARISH REGISTRATION IS IMPORTANT?

Abiding the principles and practice of the Good Shepherd such as ensuring that all sheep are safe, secured, and no one is lost, all parishioners are highly enjoined to register in the Parish. Some significant objectives include such as but not limited to:

1. Official Recognition of Belongingness to the Universal Catholic Community particularly in our Parish and Diocese;
2. Grant of Certifications, Referrals and other necessary information, records and documentation needed for Sacramental Rites, School Admission & Registration, Tax Receipts and revenue related matters; and other agencies that will serve best the lawful interests and well-being of the parishioners.

PARISH MINISTRY

1. DAILY HOLY MASS CELEBRATIONS

A. Sunday Masses					B. Daily Masses	C. Special Masses		
5:00 PM Saturday	9:00 AM	10:30 AM	12:00 NN	7:00 PM	12:10 NN Monday to Friday	9:00 AM	First Saturday of the Month	Weddings and Funerals (by Appointments)

D. Mass Intentions

Date	Day	Time	Intentions	Date	Day	Time	Intentions
Jan 27	Sat	5:00 PM	Marylynn B. Albeos – Birthday Thanksgiving	Jan 29	Mon	12:10 PM	Karolina Jach
				Jan 30	Tue	12:10 PM	Karolina Jach
Jan 28	Sun	9:00 AM	+ Frederick, Josefa and Lorenzo Family	Jan 31	Wed	12:10 PM	+Mary Kent & Derma Wade
				Feb 01	Thu	2:10 PM	+Escolastico & Lux Cariño
		10:30 AM	Karolina Jach	Feb 02	Fri	12:10 PM	Karolina Jach
				Feb 03	Sat	9:00 AM	Karolina Jach
12:00 NN	+Suzanne Morin Bonneau			5:00 PM	+Roberto & Fidela Vergara		
7:00	All Parishioners						

Let us therefore give ourselves to God with a great desire to begin to live thus, and beg Him to destroy in us life of the world of sin, and to establish His life within us. – St. John Eudes

E. Requests for Special Intentions during Holy Mass Celebrations

You may request to offer the following Mass Intentions:

1. **Requiem Mass** (Funeral services, Death anniversary/ remembering the souls) 2. **Special Milestones** (Birthdays, Anniversaries, etc.)

3. **Healing Mass** (fast recovery from sickness, reconciliation of relationships /ties)

4. **Thanksgiving Mass** (for most special intentions)

2. SACRAMENTAL PREPARATIONS AND RITES

Sacrament of Baptism

Baptism Preparations: 1st and 2nd Friday of the Month

Baptism Ceremony: Saturday at 6:00 PM
and Sunday at 1:00 PM

Sacrament of Reconciliation

Saturday: 4:00 – 4:45 PM or call for an appointment

Sunday: Before the Mass

Monday to Friday: 11:30 AM – 12:00 NN

Sacrament of Confirmation and Holy Communion

Catechesis Classes: October 2023 - May 2024

Sacramental Rites: Spring and Summer 2024

Sacrament of Marriage

Marriage Preparations: Spring Time Only

Wedding Ceremony: Couples' Preference

Sacrament of the Sick:

This is administered once a Year during the **World Day of the Sick (February 11)** during Holy Mass.

On other days, this sacrament is administered by special request. Indicate clearly the Name of the Sick, Place, Time and the Contact Person. The priest will administer this sacrament ASAP.

3. ADORATION OF THE BLESSED SACRAMENT

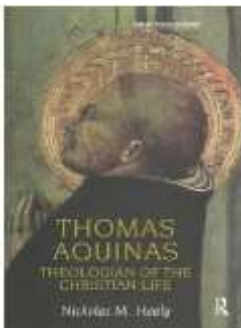
Regular Schedule: Thursday: 1:00 PM – 8:00 PM, Sacred Heart Cathedral

We are with you in Praying for your intentions, petitions & all forms of supplications. Drop them in the Prayer Intent Box. Prayer Leaders and Alternates are still needed. *Please contact Katanne Belisle for more details.*

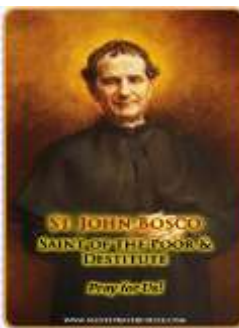
In a world where there is so much noise, so much bewilderment, there is a need for silent adoration of Jesus concealed in the Host. Be assiduous in the prayer of adoration and teach it to the faithful. It is a source of comfort and light, particularly to those who are suffering. – Pope Benedict XVI



4. Celebrating the Commemorations of the Saints For the 4th Week in Ordinary Time –Year B



January 28



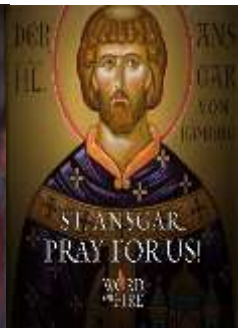
January 31



February 02



February 03



Shared Reflections for New Beginnings in our Life.

START: S- stop and change course; **T – take actions;** **A – attitude matters;** **R – ready for Hardships;** **T- trust God completely**

- Fr. Joel Jomarsus Gatus

It is our humble pleasure to serve you in cooperation with our Parish Rector, Fr. Slawek and our Diocese Bishop, Msgr. Vila.

Vicenta Barbarona
Parish Secretary

Hélène Lapensée
Parish Secretary – French Community

Chad Warren
Parish Accountant

Caroline Knickle
Parish Catechist