



# SACRED HEART CATHEDRAL PARISH

06 Steele Street, 4<sup>th</sup> Avenue,  
Whitehorse City, Yukon Territory, Canada

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Rev. Fr. Slawomir Szwagrzyk, Rector / Parish Priest

Activities	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Sunday Masses</b>	5:00 PM	9:00 AM 10:30 AM 12:00 NN 7:00 PM					
<b>Daily Masses</b>			12:10 NN / PM				
<b>Special Masses</b> (1 <sup>st</sup> Saturday of the Month)	9:00 AM						
<b>Reconciliation</b> (or call for an appointment for a Saturday)	4:00 – 4:30 PM	Before or after Mass	11:30 AM – 12:00 NN				
<b>Adoration of the Blessed Sacrament</b>						1:00 PM - 8:00 PM	
<b>Pre-Baptism Sessions</b> (1 <sup>st</sup> & 2 <sup>nd</sup> Fridays of the Month)							7:00 PM
<b>Baptism Ceremony</b>	6:00 PM	1:00 PM					

## SCHEDULE OF GENERAL PARISH ACTIVITIES

### 23<sup>rd</sup> Sunday in Ordinary Time – Year A

September 10-16, 2023

#### Theme:

The Essence of Reconciling with Another in a Good Samaritan Spirit and the Beatification of the Ulma Family



"If your brother sins against you, go and tell him his fault between you and him alone. If he listens to you, you have won over your brother." [Matthew 18:15](#)

*Forgive others, not because they deserve forgiveness, but because you deserve peace – Jonathan Lockwood Huie*





## The Words of the Lord for the 22<sup>nd</sup> Sunday in Ordinary Time – Year A

**Antiphon:** cf. *Psalm 119 (118):137, 124*

You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.

### Reading 1: Ezekiel 33:7-9 (127A)

Thus says the LORD:

You, son of man, I have appointed watchman for the house of Israel; when you hear me say anything, you shall warn them for me.

If I tell the wicked, "O wicked one, you shall surely die," and you do not speak out to dissuade the wicked from his way, the wicked shall die for his guilt, but I will hold you responsible for his death.

But if you warn the wicked, trying to turn him from his way, and he refuses to turn from his way, he shall die for his guilt, but you shall save yourself

*The words of the Lord.*

**Thanks be to God.**

### Reading 2: Romans 13:8-10

Brothers and sisters:

Owe nothing to anyone, except to love one another; for the one who loves another has fulfilled the law.

The commandments, "You shall not commit adultery; you shall not kill; you shall not steal; you shall not covet," and whatever other commandment there may be, are summed up in this saying, namely, "You shall love your neighbor as yourself."

Love does no evil to the neighbor;

hence, love is the fulfillment of the law. *The words of the Lord. Thanks be to God.*

### RESPONSORIAL PSALM: Psalm 95:1-2, 6-7, 8-9

**RESPONSE: If today you hear his voice, harden not your hearts.**

**RESPONSE: If today you hear his voice, harden not your hearts.** Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

**RESPONSE: If today you hear his voice, harden not your hearts.** Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

**RESPONSE: If today you hear his voice, harden not your hearts** Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

**RESPONSE: If today you hear his voice, harden not your hearts** Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Massah in the desert, where your fathers tempted me; they tested me though they had seen my works."

**RESPONSE: If today you hear his voice, harden not your hearts** Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.

**RESPONSE: If today you hear his voice, harden not your hearts** Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Massah in the desert, where your fathers tempted me; they tested me though they had seen my works."

**RESPONSE: If today you hear his voice, harden not your hearts**

### Gospel Acclamation: 2 Corinthians 5:19

*Alleluia, Alleluia!*

God was reconciling the world to himself in Christ and entrusting to us the message of reconciliation.

*Alleluia, Alleluia!*

### GOSPEL: Matthew 18:15-20

Jesus said to his disciples:

"If your brother sins against you, go and tell him his fault between you and him alone. If he listens to you, you have won over your brother.

If he does not listen,

take one or two others along with you, so that every fact may be established on the testimony of two or three witnesses.'

If he refuses to listen to them, tell the church.

If he refuses to listen even to the church, then treat him as you would a Gentile or a tax collector.

Amen, I say to you,

whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven.

Again, amen, I say to you,

if two of you agree on earth

about anything for which they are to pray,

it shall be granted to them by my heavenly Father.

For where two or three are gathered together in my name, there am I in the midst of them."

**The Gospel of the Lord. Praise to You, Lord Jesus Christ.**

## 23-rd Sunday in Ordinary Time, 2023. **Beatification of the Ulma family.**

1. In Poland, during World War II, the Germans passed a law according to which people hiding Jews were sentenced to death immediately, without trial, along with their entire family. In spite of this, during the occupation, the married couple Józef and Wiktoria Ulma, who lived in Markowa, Poland, hid eight Jews in the attic of their house for 1.5 years. On March 24, 1944, the Germans surrounded their house and first killed the Jews in hiding. Then they led the Ulma family out of the house and into the yard and shot Józef there, and later the pregnant Wiktoria, who started to give birth when she was shot. Then their 6 children were shot, the oldest of whom was 8 years old and the youngest 1.5 years old.

2. Today, in the small village of Markowa in Poland, a unique event in the history of the Church has taken place. The whole family, including the unborn child, has been proclaimed blessed for martyrdom. This beatification is unique in many ways. First, there is the beatification of the married couple. The second aspect is the beatification of small children, from 1.5 to 8 years old. The third dimension and the most revolutionary is the beatification of the unborn and unbaptized child. There has never been such a situation in the history of the Church. Let us try to see what this beatification tells us about our call to holiness.

3. What does the beatification of Joseph and Victoria teach us? The Ulmas were a loving couple who built their future based on the sacrament of marriage. This sacrament is a special gift of Jesus' presence in the relationship between man and woman. It is a unique sacrament that Józef and Wiktoria gave to each other in the presence of a priest, on July 7, 1935, in the parish church, in Markowa. It was Jesus who taught them how to build and live their marital relationship. The Ulmas are witnesses of love and of openness to new life.

4. Joseph Ulma marked out two places in the Holy Scripture. The first passage speaks **of love of God and love of neighbor**; the second describes **the Good Samaritan**. In the life of Joseph and Victoria, these verses were completely fulfilled in great love for God and, on the other hand, also for man, readiness for sacrifice, which was manifested precisely in love for children, whom the spouses always welcomed with great openness. Then also in a very great and courageous love for the Jews whom they were hiding at that time. In other words, Joseph and Victoria loved God and were therefore able to love the other people whom God had placed in their path. The priest who was responsible for preparing the whole beatification process called them "*Samaritans from Markowa*". But something profound was pointed out to him: in the Gospel story, the Samaritan was not risking anything in helping the wounded man, but had spent his time and some money. By helping the persecuted Jews, Józef and Wiktoria risked the lives of their whole family.

5. The Ulma spouses are witnesses of life. They are open to new life in their family and it can be said that they sang the "*Canticle of Life*" all their life. This canticle was sung by their small children, who filled the family home with their laughter. The holy spouses opened a home not only for their children, but in the name of love of neighbor, they opened their home to 8 persecuted Jews.

6. What does the beatification of 6 children aged 1.5 to 8 years old teach us? Well, first, it reminds us that the Church has the indestructible certainty of faith for the salvation of baptized children who have died before reaching the maturity of conscience and will. In other words, little children are incapable of committing sin. (*I'm not saying they can't upset us or even bring us to tears.*) Their maturity was also emphasized. This maturity manifested itself in the fact that it was not they who betrayed their parents. It was not because of the children's talkativeness or naivety that the Germans learned about the Jews in hiding. Another fact that served in the beatification process was the

similarity to the death of the holy innocents who were killed by Herod's soldiers. These small children did not have maturity of conscience, but they did have their lives to give up for Jesus.

7.The beatification of the Ulmas' unborn and un-baptized child is an expression of the Church's deepened reflection on the fate of children who die before being born, and children who die after birth but before being baptized. This beatification is a conscious act of the Church confirming that saints can be children who die before being baptized. So far, the Church has spoken of "**hope for salvation**." From this day forward, through the beatification of the unborn child, the Church speaks clearly of the "**certainty of salvation**", because the child received the baptism of blood when suffering martyrdom with his mother.

8.The Ulmas were faithful to God. They fulfilled their vocation through daily fidelity to the obligations flowing from the marriage vow on their wedding day. This was manifested, among other things, by accepting another child – a new life. Martyrdom was not born at some point in isolation from the past. That's what one grows up for. The Lord God leads each of us on a specific path. Each one of us is invited to the summit of holiness, and we realize this through fidelity to the truth, the goodness of the Gospel. We are all invited to follow this path, the path to freedom, happiness, the great affirmation of life, marriage, and family.

9.What can I say in the end? 4 months after the murder of the Ulma family, the German occupation of Markowa ended. And just then, 20 Jews who were hiding in other houses in this village came out of hiding. Despite the horrific events of the Ulmas' execution on March 24, 1944, no one had thrown these 20 Jews out of their houses or reported them to the Germans. In other words, there were more Good Samaritans in this village.

(Rev. Fr. Slawomir Szwagrzyk, Rector)

### **Prayers of the Faithful: (by Vicenta, LRB)**

**Response: *Have mercy on us, Lord, hear our prayers.***

1. May God always protect and defend our Pope Francis and all the clergies from the heresies of the world and from all irrational critics and fault-finders, and that the Holy Spirit will keep on leading them, brighten their wisdom, and enrich their compassion to grant forgiveness and understanding of the errs of humanity, and steadfastly pray for the conversion of sinners.  
**Let us pray to the Lord.** *Have mercy on us, Lord, hear our prayers.*
2. As we seek mercy of the Lord, let us pray in unison on the September intentions of our Pope Francis and all the clergies for the people living in the margins of society, in inhumane life conditions, that they may not be overlooked by institutions and never considered of lesser importance.
3. **Let us pray to the Lord.** *Have mercy on us, Lord, hear our prayers.* For our Leaders and Professionals in government and private entities, that they will be like Ezekiel whom God entrusted to exercise justice, accountability, prudence and peace in their subordinates and the common people, and may they always show good examples of righteousness to our society.  
**Let us pray to the Lord.** *Have mercy on us, O Lord, hear our prayers.*
4. For the active involvement, participation, cooperation and collaboration of the parents, educators, church leaders and lay workers, volunteers, and children in putting concerted efforts and resources for the success of the Sacramental catechesis and solemnization of Confirmation, Holy Communion and Reconciliation this coming October.  
**Let us pray to the Lord.** *Have mercy on us, O Lord, hear our prayers.*
5. For us all here present in this Holy Eucharist and those left at home, that the Holy Spirit will imbue in us the great moments of examining our consciences and our hearts and give us the grace to be humble enough to acknowledge our sins, shortcomings and failures to our own selves, to others and to God, and inspire us to seek filial and sacramental reconciliation.  
**Let us pray to the Lord.** *Have mercy on us, O Lord, hear our prayers*

# PARISH MINISTRY

## DAILY MASSES



Date	Time	Intentions
Sept. 10	9:00 AM	All Parishioners
	10:30 AM	+ Teodora L. Rosero
	12:00 NN	+ Medrado C. Rosero
	7:00 PM	+ Stanislawa Kosuda
Sept. 11	12:10 PM	+ Stanislawa Kosuda
Sept. 12	12:10 PM	+ Stanislawa Kosuda
Sept. 13	12:10 PM	+ Stanislawa Kosuda
Sept. 14	12:10 PM	+ Gus & Vivian Pasowisty
Sept. 15	12:10 PM	+ Richard Fowler
Sept. 16	12:10 AM	+ All Souls in Purgatory



## THE HOLY SACRAMENTS:

**Sacraments of Initiation: BAPTISM, CONFIRMATION and COMMUNION; Sacrament of Healing: RECONCILIATION & Sacrament of the SICK; Sacrament at the Service of Communion: MATRIMONY**



### Baptism Preparations

Refer to the Schedule of General Parish Activities above. Registration Forms can be availed at the website, the vestibule, and at our office. Please accomplish the forms correctly and legibly, then submit through email or in person at the office. For more details, please contact us for our attention and appropriate actions.

Every baptized person should consider that it is in the womb of the Church where he is transformed from a child of Adam to a child of God. – St. Vincent Ferrer –

## CONFIRMATION AND HOLY COMMUNION PREPARATIONS

### Month of October:

1. Catechesis on **Reconciliation and Holy Communion** for Grade 3 students
2. Catechesis on **Confirmation** for Grade 7 students and older

### RECONCILIATION

The Sacrament of Reconciliation brings about a change of heart through God's mercy and forgiveness. In fervent prayers, ask yourself what you have done. Refer to the Schedule of General Parish Activities for guidance, and better self-preparation.

Registration Forms to be duly accomplished are available at the website, vestibule, and our office.

Early registration of the children is highly appreciated.

### MATRIMONY

For interested and committed couples planning to get married, the Pre-Cana Sessions are done during Spring Time only. Registration Forms area available in the website, vestibule, and our office. Please accomplish the forms correctly and legibly, then submit through email or in person at the office. For more details, please contact us for our attention and appropriate actions.

## Requests for Holy Mass Celebrations

Offering of a Holy Mass Celebration is aspecial way of lifting to God our acclamations, contriteness, and thankfulness as a sublime expression of praising and glorifying God



1. Requim Mass / Death Anniversary / Remembering the Souls
2. Funeral Mass and other Services

You may send your requests in person at the office, thru emails, or dropping the notice/s at the offertory box / basket for our attention and appropriate actions.

3. Special Milestones (Birthday and Wedding Anniversary)
4. Thanksgiving Mass (Most Special intentions) Other Special / Highly Significant Intentions

**Your Donations and Love Offerings in cash or in kind are highly appreciated. Thanks for helping the continuous improvement of our Cathedral and in sustaining our apostolates and projects of the parish.**

### Eucharistic Adoration

*Gentle Reminders:*

#### Welcome September 2023:

Our regular schedule of the Adoration will now resume commencing September 7, 2023 from 1:00 PM – 8:00 PM at the Church.

We are sincerely encouraged to write and place in the Drop Box our prayers and petitions to be invoked during the Adoration Time. Devotees will take turns in reading the petitions at random.

*May you will find special chance to meet our Lord, Jesus Christ on these holy hours, or even for just a couple of minutes. He awaits us there.*



### AN HOUR WITH JESUS IN THE BLESSED SACRAMENT

#### Four 15 – Minute Steps for Adoration

1. Recognize the Presence of God – Enter into His holy Presence with awe and love.
2. Thanks giving – Praise and thank the Lord. Worship Him.
3. Reparation – Repent of and express sorrow for your sins and those of the whole world.
4. Petition – ask for your own deeper conversion and personal needs, as well as for those around you and the whole world.

*Dear Jesus, You have made Yourself present in the Blessed Sacrament because You think for me. O dear Lord, I also thirst for You. I want to be one with You. I bow down before You with faith, hope, and love, from the depths of my heart. I worship You. Amen.*

-Ambrosiana-

*On Spirituality: Our Exemplary Challenge and Responsibility Beyond Reproach*

## FAMILY BEATIFICATION: The First Ever In the History of the Church.

**Josef and Wiktoria Ulma Family,  
the Martyred Polish Family set to be Beatified  
on September 10, 2023, in Markowa, Poland**



An inscription of the stone monument during the 60<sup>th</sup> Anniversary of the Execution:

*"Saving the lives of others they laid down their own lives. Hiding eight elder brothers in faith, they were killed with them. May their sacrifice be a call for respect and love to every human being! They were the sons and daughters of this land; they will remain in our hearts."*

**Józef and Wiktoria Ulma, who lived in the village during the Second World War, gave shelter to eight Jews for almost two years in German-occupied Poland, hiding them from the Nazi regime. The Ulmas had seven children, including the unborn child in Wiktoria's womb. The German, informed by a local policeman that Jews were being hidden in the household, came early in the morning March 24, 1944, right before Easter. First, they killed all eight of the Jewish fugitives. Then they shot and killed Wiktoria and Józef and all of their children.**

***“They have made heroic gestures of mercy. One of the tasks of parents is the Christian upbringing of children ... not just to teach their children Christian doctrine. ... It is not a matter of words. One must set a good example,”***

Cardinal Semeraro admitted that it deeply affected him when he learned that the theological consultants of the beatification cause evaluated that the unborn child also can be beatified.



***“Blood baptism happens very rarely. A baby barely born was immediately killed (Wiktorija started to give birth when she was shot). Its parents maintained their faith in the face of the love of the Lord Jesus,”*** he emphasized.

Father Witold Burda, postulator of the sainthood cause of the Ulma family, said at a press conference Aug. 10 in Markowa that the **Ulma family are martyrs who were killed “because of hatred toward faith.”**

The first reading planned for the beatification Mass, will be from **2 Maccabees, Chapter 7: “Martyrdom of a Mother and Her Seven Sons,”** followed by Psalm 116 with the refrain, *“Dear in the eyes of the Lord is the death of his devoted.”* The second reading will be from **Chapter 3 of the Letter to Colossians, in which St. Paul encourages mercy, compassion, kindness, humility, gentleness and patience. Finally, the Gospel reading will be from St. Luke – the parable of the good Samaritan.**

**The parable of the Good Samaritan was highlighted with a pencil by Józef Ulma in the family Bible,** which is displayed in the Museum of Poles Saving Jews in World War II, located in Markowa.

*“Józef Ulma was impressed by the parable of the Good Samaritan. ... This confirms the disposition of this man’s soul in giving aid to the Jews. ... We can certainly note that Wiktorija and Józef Ulma read the Scriptures together. The story of the abandoned man who was rescued by the Good Samaritan must have firmly entered the hearts of both of them,”* Cardinal Semeraro said.

**The postulator of the Ulmas’ sainthood cause confirmed that the liturgical feast of the Ulma family will be July 7, the anniversary of their wedding in 1935.**

An inscription put at the family grave says: *“Here rests the family of Ulma Józef murdered by Hitler’s thugs.”*

**Markowa is situated only 50 miles from the Polish-Ukrainian border. When the war in Ukraine started in February 2022, people in the village did not hesitate to do what their ancestors taught them: They sheltered Ukrainians in their homes.**

# PARISH UPDATES

*Please Be Informed, Interested and Willing To Get Involved, Share/Donate, Support, Participate, Cooperate and Collaborate!*

**For Full Awareness and Guidance on Catechesis and Sacramental Programs, Keep Posted!**

## Catechism Classes for Children and Youth



### Important Details:

All of our catechism classes begin the first week of October. Here is a list of classes we currently offer. **See the registration form for further information.**

Children ages **3, 4 and 5 years old** - Catechesis of the Good Shepherd Level one (Thursdays 3:30 to 5:00 p.m. **OR** Saturdays 10:00 to 11:30 a.m.)

Children ages **6 to 9 years old** - Catechesis of the Good Shepherd Level two (limited this year to children who have already participated in CGS)

Grade **Three students** - First Reconciliation classes (October and November, Tuesdays 6:30 to 7:30 p.m.)

Grade **Three students** - First Communion classes (January to May 2024, Tuesdays 6:30 to 7:30 p.m.)

Grade **Four students** - catechism classes for those who have celebrated First Reconciliation and First Communion (Tuesdays 6:30 to 7:30 p.m.)

Grade **Seven students** - Confirmation classes (October to May, tentatively Mondays 6:30 to 8:00 p.m.)

**(Take note of the New Form posted in the link at our website)**

For further information please see Father Slawek or email Caroline Knickle at [catechesis@sacredheartcathedral.ca](mailto:catechesis@sacredheartcathedral.ca).

### From the Sacred Heart Social Justice Committee:

The Sacred Heart Social Justice Committee links our parish to the Canadian Catholic Organization for Development and Peace/Caritas Canada. They are about to begin their Fall Action Campaign.

The focus and theme of this year's campaign will be Care for Our Common Home – with a particular focus on the Amazon rainforest. An online Fall Action Workshop will be held on Wednesday, September 25th at 6:30p.m. For those interested in participating please contact Michael Dougherty at [yukonpazypan@gmail.com](mailto:yukonpazypan@gmail.com) for the link.

Michael Dougherty

**Rev. Fr. Michael Ating Naing Win,**  
Missionary of St. Paul  
Congregation, Myanmar  
Associate Pastor (2022 November-  
2023September)-Sacred Heart  
Parish



*Thank You, So Long, & God bless  
You Father Michael.*

In behalf of the Sacred Heart Cathedral Parish, with enormous gratefulness, we humbly extend to you our sincere recognitionS of your presence and accomplishments as Associate Pastor of the Sacred Heart Cathedral Parish for barely 9 months. Congratulations on your new ministry at St. Ann Parish, Watson Lake, Yukon, and in Northern British Columbia. God be with you always. So long! Shalom!



**Photo Language**



**NOTICE**

**Come! Behold! And Partake Today! (September 10, 2023)**

**Beautiful Breakfast:** 9:00 AM-12:00AM, CYO Hall

**Special Mass** for the Beginning of the School Year 2023-2024 and Blessings of Teachers, Educators, Parents, Students and Volunteers, with Most. Rev. Bishop Hector Vila:  
10:30 AM, Sacred Heart Cathedral and stay for Beautiful Breakfast, in the CYO Hall.

The Parish Rectory Office is Closed on Monday and Tuesday.  
It is Open on Wednesday, Thursday and Friday  
At 9:00 AM TO 5:00 PM

Please email to our Office for your immediate concerns. We will find mind means to respond to you even if the Office is closed.

**Called to Love: Education in the Faith,  
and Vocation within the Family**  
**Catechesis for Adults and Parents**


Everyone is invited to participate in this exciting and enriching experience!  
**Every 2nd Friday,  
7pm to 8:30pm**  
In the CYO hall at Sacred Heart Cathedral –  
406 Steele St., Whitehorse  
**Starting Friday, October 13<sup>th</sup>, 2023 until May 10<sup>th</sup>, 2024**

Do you have questions or even concerns about your faith or how to transmit it in today's world?  
**This catechesis is for you.**



**Guide to Scriptural Readings and Meditations**

23<sup>rd</sup> Week of Ordinary Time – Year A: September 10-16, 2023

Day	Significant Events / Meditations
<p align="center"><b>September 10, 2023</b></p>	<p align="center"><b>SUNDAY</b> <b>Feast Of St. Nicholas De Tolentino</b></p>
<p><b>Antiphon: cf. Psalm 118. 137. 137, 124</b> <i>You are just , O Lord, and Your judgment is right, treat Your servant in accord with Your merciful love.</i></p> <p><b>1<sup>st</sup> Reading: Ezekiel 33. 7-9</b> If You do not speak to warn the wicked, I will require their blood at your hand.</p> <p><b>Responsorial Psalm: Ps 95: 1-2, 6-7ab, 7c-9</b> Response. <b>7c-8a:</b> <b>O that Today you would listen the voice of the Lord. Do not harden your hearts.</b></p> <p><b>Reading 2: Romans 13. 8-19:</b> Love is the fulfilling of the Law.</p> <p><b>Gospel: Matthew 18: 15-20:</b> If the members listen to you, you have regained that one.</p> <p><b>Reflections: RECONCILING WITH ANOTHER</b> Reflect, today, upon any relationship you have that requires healing and reconciliation. Seek to follow this humble process given by our Lord and continue to remain hopeful that the grace of God will prevail.</p> <div data-bbox="1005 1166 1274 1490" style="border: 1px solid purple; border-radius: 15px; padding: 10px;"> <p>He is the patron saint of the souls in purgatory and the dying.</p>  </div>	

**Prayer:**

*Lord of true healing, give me a humble and merciful heart so that I may reconcile with those who have sinned against me. I forgive them, dear Lord, just as You have forgiven me. Give me the grace to seek reconciliation in accord with Your perfect will. Jesus, I trust in You. (My Catholic Life-MCL)*

**September 11, 2023**

**Labour Day in Canada and Feast of Blessed Dina Belanger**

**MONDAY**

**Antiphon: Cf. Psalm 16.**

*As for me, in justice I shall behold Your face, I shall be filled with the vision of Your glory.*

**1st Reading: Colossians 1. 24 - 2.** I became a servant of the Church to make known the mystery hidden throughout the ages.

**Responsorial Psalm: Ps 62: 5-6,7b-8** Response. **7a: In God is my safety and my glory.**

**Gospel: Luke 6: 6-11:** The Pharisees watched Jesus to see whether He would cure on the Sabbath.

**Reflections: A DISTURBING SIN**

Reflect, today, upon any tendency you may have to be like the scribes and Pharisees. Know that their actions were included in the Scripture to teach us about this ugly sin we sometimes struggle with. Let the disturbing part of it motivate you to work toward freedom from envy in your life.

**Prayer**

*My miraculous Lord, I do want to be free of the sins of pride, envy and jealousy. Help me to see these in my life, to repent of them and to replace them with Your mercy and love. Jesus, I trust in You. (My Catholic Life-MCL)*

All for God and for God's glory. In whatever you do, think of the glory of God as your main goal.  
– St. John Bosco

**September 12, 2023**

**TUESDAY**

**The Feast of the Holy Name of Mary – the Blessed Mother of Jesus Christ, Was instituted by Pope Innocent XI in the 17<sup>th</sup> century.**

**Antiphon: cf. Psalm 53.** *See I have God for my help. The sustains my soul. I will sacrifice to you with willing heart, and praise Your name, O Lord, for it is good.*

**1st Reading: Colossians 2. 6-15:** God made you alive together with Christ when forgave all our trespasses.

**Responsorial Psalm: Psalm 145. 1-2, 8-9, 10-11.** Response **9: The Lord is compassionate to all creatures.**

**Gospel: Luke 6. 12-19:** Jesus spent the night in prayer, and he chose twelve of His disciples and named them apostles.

**Reflections: PRAYING BEFORE YOU ACT**

Reflect, today, upon the need you have to spend time in prayer so as to enter more deeply into union with our Lord. Reflect, especially, upon the importance of doing so prior to making the various decisions you need to make in life. Pray before you act and allow our Lord to be the one who enters into your life and directs you in accord with His holy will.

**Prayer:**

*Lord, give me a heart that longs to be with You in prayer, each and every day. Help me to daily surrender my entire life to You without reserve. As I surrender my life, I thank You for entering in and directing all my actions. My life is Yours, dear Lord, my life is Yours. Jesus, I trust in You. (My Catholic Life - MCL)*

God is love,  
all God's operations proceed from love. The Incarnation is the supreme manifestation of God's goodness and love and glory  
– St. Lawrence of Brindisi

**September 13, 2023**

**Memorial of St. John Chrysostom –famous of his eloquent sermons**

**WEDNESDAY**

**Antiphon: (Cf. Daniel 12)**

*Those who are wise will shine brightly like the splendour of the firmament and those who lead the many to justice shall be like the stars forever.*

**1st Reading: Colossians 3. 1-11:** You have died with Christ; put to death therefore, whatever is earthly in you.

**Responsorial Psalm: Psalm 145. 2-3, 10-11, 12-13ab; Response 9: The Lord is compassionate to all creatures.**

**Gospel: Luke 6. 20-26: Blessed are the poor. Woe to you who are rich.**

**Reflections: THE TRUE BLESSINGS**

Reflect, today, upon the incredible wisdom of God as He reveals these, the deepest teachings of the spiritual

life. At very least, try to reflect upon the fact that God's wisdom is far above your wisdom. If you struggle to make sense of something painful and difficult in your life, know that God has an answer for you but seek out His wisdom.

**Prayer:**

*Lord, help me to find blessings in the many challenges and hardships of life. Rather than seeing my crosses as evil, help me to see Your hand at work in transforming them and to experience a greater outpouring of Your grace in all things. Jesus, I trust in You. (MCL)*

Happiness can only be achieved by looking inward and learning to enjoy whatever life has and this requires transforming greed into gratitude.  
- St. John Chrysostom-

**September 14, 2023**  
**Feast of the Exaltation of the Holy Cross**

**THURSDAY**

**Antiphon: (Cf. Galatians 6)**

*We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.*

**1st Reading: Numbers 21. 4-9:** The afflicted who look up the bronze serpent lived.

**Responsorial Psalm. Psalm 78. 1-2, 34-35, 36-37, 38** Response. **7b: Do not forget the works of the Lord.**

**Gospel: John 3. 13-17:** So must the Son of Man be lifted up.

**Reflections: LOVE YOUR ENEMIES**

Reflect, today, upon any wounds you carry within. Know that these wounds can become the source of your own holiness and happiness if you let God transform them and if you allow God to fill your heart with love for everyone who has mistreated you.

**Prayer**

*Lord of mercy, I know that I am called to love my enemies. I know that I am called to love all those who have mistreated me. Help me to surrender to You any feelings of anger or hate and replace those feelings with true charity. Jesus, I trust in You. (MCL)*

In the beloved Cross is true wisdom and that is what I am looking for night and day more eagerly than ever.  
- St. Louis Grignon de Monfort-

**September 15, 2023**  
**Memorial of Our Lady of Sorrow**

**FRIDAY**

**Antiphon: (Cf. Luke 2)**

*Simeon said to Mary: Behold, this child is destined for the ruin and rising of many in Israel, and to be a sign of contradiction; and your own soul a sword will pierce.*

**1st Reading: Hebrew 5.7-9:** Christ learned to obedient, and thus became the font of eternal salvation.

**Responsorial Psalm: Psalm 31.1-2b, 2c-3,4-5,14-15,19** Response: 16b Save me, O Lord, in Your steadfast love.

**Gospel: Luke 2.33-35.** Simon told Mary, "A sword will pierce your soul", or **John 19. 25-27:** Seeing the sufferings of Jesus, His mother was pierced with pain and sorrow

**Reflections: NOTICING THE SINS OF OTHERS**

Reflect, today, upon whether or not you struggle with being judgmental toward those around you. Especially reflect upon whether or not you tend to be more critical of those striving for holiness. If you do tend to do this, it may reveal that you struggle with pride more than you realize. (My Catholic Life - MCL)

**Prayer:**

*Lord, humble me and help me to be free of all pride. May I also let go of judgmentalness and see others only in the way You want me to see them. Jesus, I trust in You. (My Catholic Life-MCL)*



**The Seven Sorrows of the Blessed Virgin Mary**  
1. The Prophecy of Simeon  
2. The Flight into Egypt  
3. The Cross of the Child Jesus in the Temple  
4. The Planting of Jesus and Mary on the Way of the Cross  
5. The Crucifixion  
6. The Taking Down of the Body of Jesus from the Cross  
7. The Burial of Jesus

**September 16, 2023**  
**Memorials: St. Cornelius, Pope, and St. Cyprian, Bishop and Martyr**

**SATURDAY**

**Antiphon: Cf. Psalm 36**

*From the Lord comes the salvation of the just; He is their stronghold in times of distress.*

**1st Reading: 1Timothy1. 17-17: Christ came into the world to save sinners.**

**Responsorial Psalm: Psalm 113. 1-2, 3-4, 5a+6-7** Response **2: Blessed be the name of the Lord, forever.**

**Gospel: Luke 6. 43-49: Why do you call me, "Lord, Lord" and do not do what I tell you?**

**Reflections:** Reflect, today, upon how well the foundation of your life has been built. When it's strong, you can give your attention to many other aspects of your life. When it's weak, you will continually be doing damage control as you seek to keep your life from falling apart. Recommit yourself to a life of deep prayer so that Christ Jesus will be the solid rock foundation of your life.

**Prayer:**

*Lord, You are my rock and my strength. You alone support me through all things in life. Help me to rely upon You even more, so that I may daily accomplish all that You call me to do. Jesus, I trust in You. (My Catholic Life – MCL)*



**SHARING HORIZONS**

Shared Reflections is very much welcome. All are encouraged and send to us for inclusion in our Bulletin. We highly acknowledged Betty Bruch and highly appreciated her articles. Indeed, worth sharing.



**The 23<sup>rd</sup> Sunday in Ordinary Time – Some Musings**

*“Wherever two or three are gathered in my name, I am there among them.”*

The day broke on blue skies, puffy white clouds and soft winds making the curtains billow in welcome to another call to serve the Lord with gladness and peace. The day ahead held some small tasks and a wonderful evening with dinner and friends. These friends are not Catholic, yet I knew that when we all sat down to eat, we'd all pause while one of us said grace. We never start eating without doing that. I make the sign of the cross and they wait patiently until one of starts with the blessing. If we go out for dinner we also pray, perhaps not always with the same exuberance of our prayers at our own dinner tables but we do pray. We are three gathered in His name; giving Him praise and asking His blessing on our food and those of us gathered in His name. If we eat alone, we should always bow our heads and give Him praise and thanks. We need to remember the Giver of all our blessings; we need to ask His help for those going without proper food and drink; for those struggling with addictions of all kinds. When we give Him thanks our simplest meal becomes a feast.

Being a Christian is not just about going to church on Sunday; it's about living our lives the way He would have us do. It means loving others, doing our part in the great family of God and of treating others as we would want to be treated. There's been a saying going the rounds that says sitting in a garage doesn't make you a car. Well, sitting in a church doesn't make you a Christian either. If we really want to be a Christian we have to become more Christ-like; giving comfort, looking after those less fortunate than we are, more patient and giving of our goods and our time.

When we gather at the table of His Body and Blood we are gathered in His name and He is there among us from the smallest child to the oldest adult, with the rich and the poor, to those whose faith is unflagging to those who struggle with belief. We should spend time in quiet conversation with our Lord and King, asking His blessing on all gathered there and sitting in calm stillness waiting to hear His answer to our prayers with confidence in His promise to be with us till the end of the age.

As we settle into our regular fall routines, let's be sure we carve a good portion of our time for prayer and let's make part of that prayer asking for the grace to be more loving of God and others. And when we interact with others, whether that's in prayer or play, let's remember that as Christians we are gathered in His name. Whether those with us are Christians or not, let's remember that all people are created in His likeness and image. All are loved by Him and should be loved by us.

The days are getting shorter and I've started to prepare my warmer clothes so the chill winds won't find me unprepared, and as I was ironing some sweaters the other day, I wished that there was some warm iron that could press out the wrinkles in my faith life. It was one of those hot steamy days and yet I knew that we'd soon be in the claws of winter. I took a moment to pray for the grace to be present to my brothers and sisters wherever I might meet them.

The sun is setting now and the sky is painted by the hand of God, who as one of my young sons once said, "God finger paints real good". It is time to brush off our dusty faith practices and polish them to the brilliance due to our Lord and Saviour. Wherever we meet others, let's make a real effort to remember that God is there among us: perhaps that realization will enable us to treat others in a way that would meet the approval of our heavenly Father.

Wishing you many small miracles.

Betty Bruch