



# SACRED HEART CATHEDRAL PARISH

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Rev. Fr. Slawomir Szwagrzyk, Rector / Parish Priest

## 30<sup>th</sup> Sunday in Ordinary Time – Year A October 29, 2023



(Photo credits to Pinterest.com)

Teacher, which commandment in the law is the greatest?

*“You shall love the Lord your God, and your neighbor as yourself.”*

**Matthew 22:34-40**

### PARISH MINISTRY

#### 1. DAILY HOLY MASS CELEBRATIONS

#### A. Sunday Masses

5:00 PM	9:00 AM	10:30 AM	12:00 NN	7:00 PM
Saturday	AM	AM	NN	PM

#### B. Daily Masses

12:10 NN
Monday to Friday

#### C. Special Masses

9:00 AM	First Saturday of the Month	Weddings and Funerals (by Appointments)
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#### D. Mass Intentions

Date	Day	Time	Intentions	Date	Day	Time	Intentions
Oct. 28	Sat	5:00 PM	+ Luisa & Bienvinido Otaza	Nov. 01	Wed	12:10 NN	St. Vincent Ferrer
Oct. 29	Sun	9:00 AM	All Parishioners	Nov. 01		7:00 PM	+ Laura
		10:30 AM	+ Maximo Escobio Sr.	Nov. 02	Thu	12:10 NN	+ Gus & Vivian Pasowisty
		12:00 NN	Gabrielle Monfette Health / Recovery			7:00 PM	+ Evelyn & Nerlita
		7:00 PM	All Souls in Purgatory	Nov. 03	Fri	12:10 NN	+ Medrado & Teodora Rosero
Oct. 30	Mon	12:10 NN	Thanksgiving to Our Lady of the Rosary	Nov. 04	Sat	9:00 AM	+ Adrian & Adriano Rosero
Oct. 31	Tue	12:10 NN	Franchesco Cabrera Cier Calenzani Vignolo - Birthday			5:00 AM	+ Carlos Jandic

**SPECIAL MASSES:** November 01: **All Saints Day** @7:00PM / November 02: **All Souls Day** @ 7:00 PM

*Let us remember all our beloved departed loved ones and will especially remember those whose funeral masses have been celebrated in our parish. May God grant them eternal rest and His everlasting light shine unto them.*

### E. Requests for Special Intentions during Holy Mass Celebrations

You may request to offer the following Mass Intentions:

1. **Thanksgiving Mass** (for most special intentions)
2. **Special Milestones** (Birthdays, Anniversaries, etc.),

3. **Healing Mass** (fast recovery from sickness, reconciliation of relationships /ties)
4. **Requiem Mass** (Funeral services, Death anniversary/ remembering the souls)

### 2. SACRAMENTAL PREPARATIONS AND RITES

#### Sacrament of Baptism

**Baptism Preparations:** 1<sup>st</sup> and 2<sup>nd</sup> Friday of the Month  
**Baptism Ceremony:** Saturday at 6:00 PM  
 and Sunday at 1:00 PM

#### Sacrament of Reconciliation

**Sunday:** Before the Mass  
**Saturday:** 4:00 – 4:45 PM or call for an appointment  
**Monday to Friday:** 11:30 AM – 12:00 NN

#### Sacrament of Confirmation and Holy Communion

**Catechesis Classes:** October-November 2023 **Sacramental Rites:**  
 Spring and Summer 2023 Only

#### Sacrament of Marriage

**Marriage Preparations:** Spring Time Only  
**Wedding Ceremony:** Couples' Preference

#### Sacrament of the Sick:

This is administered once a Year during the World Day of the Sick (*February 11*) during Holy Mass. On other days, this sacrament is administered by special request. Indicate clearly the Name, Place, Time and the Contact Person. The priest will administer this sacrament ASAP.

### 3. ADORATION OF THE BLESSED SACRAMENT



**Thursday:** 1:00 PM – 8:00 PM  
**Sacred Heart Cathedral**  
**COME!... LOOK!... FEEL!... LISTEN!...**  
**BELIEVE!...PRAY!**  
**JESUS CHRIST OUR LORD AND SAVIOUR**  
**IS AT THE ALTAR OF THE BLESSED**  
**SACRAMENT HIGHLY AWAITING YOU.**

We are with you in Praying for your intentions, petitions & all forms of supplications. Drop them in the Prayer Intention Box. Prayer Leaders and Alternates are still needed. Please share and encourage your families, friends, and colleagues to visit the Blessed Sacrament even for just a couple of minutes.  
*Please contact Katanne Belisle for more details.*

### Adoration Time for youth and young adults with music **Thursday, November 9, 6:30-8:00PM**

#### 4. DEVOTIONS AND COMMEMORATIONS

**OCTOBER ROSARY PRAYER**  
**at 11:45 AM, Before the Holy Mass in**  
**Sacred Heart Church from Monday**  
**to Friday (Week Days) only**



#### CULMINATION OF ROSARY MONTH

All are invited to join the Community Rosary Prayer on October 31<sup>st</sup> at 11:45 AM in the Church. Please come, the Blessed Lady of the Holy Rosary is awaiting you.

#### 5. COUPLE'S MINISTRY

The **Couples For Christ (CFC) – Whitehorse** will sponsor a **Marriage Enrichment Program on November 11-12, 2023** at the CYO Hall. **Speakers will be a Team from Vancouver.** This is open to all interested couples.

For further details, please contact:

**Allan and Leaseth Ocampo**  
**at +1 (867)-689-9310**

Or you may email us if you are interested to join.



*(Photo credits to the owner)*

### PARISH UPDATES

*Please Be Informed, Interested and Willing To Get Involved, Share/Donate, Support, Participate, Cooperate and Collaborate!*



#### 1. Book Of Life

The **Book of Life** will be in the Cathedral in front of the altar for the month of November. If you want to put a picture of a family member or a friend who passed away or update the information, enhance your memento, you can do so by stopping at the parish office or by sending an email to the parish.

#### 2. All Souls Day Mass Intentions Envelope



### 3. For Souls in Purgatory

**A Plenary Indulgence is applicable only to the souls in purgatory. It is granted each day from November 1-8.**

Those who devoutly **visit a cemetery, a church** or an oratory and **pray for the departed**, they are granted this indulgence. A plenary indulgence is granted for each day for a different soul in purgatory. When you visit a cemetery at this time you should **recite these prayers: Our Father, The Creed, and Eternal Rest Prayer:** *"Eternal rest grant to them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen."* **This can be prayed all year, but especially during the month of November.**

#### GENERAL REQUIREMENTS FOR OBTAINING A PLENARY INDULGENCE:

- Do the work while in a **state of grace**.
- Receive Sacramental **confession** (*several plenary indulgences may be earned per reception. i.e. If you want to earn one plenary indulgence for souls in purgatory, each day of the week from Nov. 1-8 you need only to go to confession once, but you must fulfill the other requirements listed each day*).
- Receive **Eucharistic Communion** (*one plenary indulgence may be earned per reception*).
- Pray for the **pope's intentions** (*Our Father and Hail Mary, or other appropriate prayer, is enough*).
- **Have no attachment to sin** (even venial) – i.e., it is enough that the Christian makes an act of will to love God and despise sin.
- If you are not able to fulfill all these requirements but only accomplish them in part, you can receive a partial indulgence.
- **Have no attachment to sin** (even venial) – i.e., it is enough that the Christian makes an act of will to love God and despise sin.
- If you are not able to fulfill all these requirements but only accomplish them in part, you can receive a partial indulgence.



Prayers for the Poor in Purgatory / *Sanctus*  
(Photo credit to [facebook.com/...](https://www.facebook.com/...))

#### 4. Appeal of the Holy Father for PEACE IN THE HOLY LAND

Friday, October 27<sup>th</sup>, 2023 as a Day of Prayer and Fasting for Peace in the Holy Land.

*Let us continue praying and do some works / sacrifices dedicated for Peace in the Holy Land and of the Whole World.*

*To Jesus, we must put all our Trust.*

#### 5. BRAEBURN LAKE CHRISTIAN CAMP ASSOCIATION AGM



Thursday, November 16,  
6:30 PM at the CYO Hall  
PLEASE COME AND  
SUPPORT OUR CAMP!

-Stella Martin

### 6. CATECHISM CLASSES OF CHILDREN AND YOUTH

#### Important Details:

#### Catechesis of the Good Shepherd

Level One - for children ages 3, 4 and 5 years old

**NOTICE OF NEW SCHEDULE:** Thursdays **4:00PM** to **5:30 PM**

**First Reconciliation classes** - for students in grade three are Tuesdays 6:30 to 7:30 p.m.

**Confirmation classes** begin October 16 and is now going on every Mondays from 6:30 to 8:00 p.m. They are for students in Grade Seven (VII) and older.

For further information please see Father Slawek or email Caroline Knickle at [catechesis@sacredheartcathedral.ca](mailto:catechesis@sacredheartcathedral.ca).

### 8. SYNOD 2023

May the Holy Spirit ever guide the Assembly of Synod 2023 - 2024 to listen and adhere God's Will and graciously reach the end of the journey bound for the Common Good.



## 9. Youth Ministry:



**YOUTH ON FIRE**  
For Grades 5-8

### ACTIVITIES FOR NOVEMBER

**FRIDAYS: 6:30 pm – 8:30 pm**

November 3: CKES Gym

November 10: No Youth Day (Remembrance Day)

November 17: CHES Gym

November 24: TBA

- *Andrea Lefebvre - Coordinator*



## 12. Updates on Church Projects:

Rev. Fr. Slawomir Szwagzyk

### Siding for the Basement Exterior Walls and an Exterior Door

The Energy North Construction Ltd., is continuing the works as designed and contracted. Our humble appeal to all parishioners and other good people to help us raise the needed funds for the completion of the said projects.

We sincerely thanked and appreciated those who have given donations especially those who preferred to be anonymous. God take your accounts justly and blessedly.

## 13. EARNEST CALLING TO US ALL!

The **Adoration of the Blessed Sacrament** is now resumed to its regular schedule every **Thursday from 1:00 PM to 8:00PM**. May we be more sensitive and attentive to the earnest calling of the Holy Spirit that the Lord is awaiting for us to visit Him in the Altar of the Blessed Sacrament. Indeed, it is very miraculously amazing if we keep on adoring and thanking God no matter what our stature in life is. Please spare even so short of your most "precious moments" to the Lord. ***Please, come.***

### **On spirituality:**

Prayer Intentions of Pope Francis We are for October 2023

"For the Synod, we pray for the Church, that she may adopt listening and dialogue as a lifestyle at every level and allow herself to be guided by the Holy Spirit towards the peripheries of the world.

### **PRAYER INTENTIONS OF POPE FRANCIS FOR NOVEMBER 2023**

We pray for the Holy Father: as he fulfills his mission, may he continue to accompany the flock entrusted to him, with the help of the Holy Spirit.



(Photo credits to the owner)

## **GUIDE TO SCRIPTURAL READINGS AND MEDITATIONS FOR 30<sup>th</sup> WEEK IN ORDINARY TIME-YEAR A**

**October 29, Sunday:**

**Theme: THE GREATEST COMMANDMENT**

**ANTIPHON:** *cf. Psalm 104:3-4* *Let the heart that seek the Lord rejoice, turn to the Lord and His strength; constantly seek His face.*

**READING 1:** Exodus 22: 21-27 *If you abuse any widow or orphan, my wrath will burn you.*

21 You shall not wrong any widow or orphan. 22 If ever you wrong them and they cry out to me, I will surely listen to their cry. 23 My wrath will flare up, and I will kill you with the sword; then your own wives will be widows, and your children orphans. 24 If you lend money to my people, the poor among you, you must not be like a money lender; you must not demand interest from them. 25 If you take your neighbor's cloak as a pledge, you shall return it to him before sunset; 26 for this is his only covering; it is the cloak for his body. What will he sleep in? If he cries out to me, I will listen; for I am compassionate. 27 You shall not despise God, nor curse a leader of your people.

**RESPONSORIAL PSALM:** Psalm 18:1-2, 3+6b, 46+50ab **Response: 1**

**RESPONSE:** *I love you, O Lord, my strength.*

1 I love you, LORD, my strength. 2 The LORD is my rock, my fortress, and my deliverer, my God, my rock where I seek refuge, my shield and the horn of my salvation, my stronghold.

**RESPONSE:** *I love you, O Lord, my strength.*

<sup>3</sup> I called to the LORD, who is worthy of praise, and I was saved from my enemies. <sup>6</sup> I called to the LORD in my distress, and I cried to my God for help. From his temple he heard my voice, and my cry to him reached his ears.

RESPONSE: *I love you, O Lord, my strength.*

<sup>46</sup> The LORD lives—blessed be my rock! The God of my salvation is exalted. <sup>50</sup> He gives great victories to his king; he shows loyalty to his anointed, to David and his descendants forever

RESPONSE: *I love you, O Lord, my strength*

**READING 2** 1 Thessalonians 1:5c-10 *You turned to God from idols to serve a living and true God, and to wait for His Son.*

<sup>5</sup> For our gospel did not come to you in word alone, but also in power and in the holy Spirit and [with] much conviction. You know what sort of people we were [among] you for your sake. <sup>6</sup> And you became imitators<sup>c</sup> of us and of the Lord, receiving the word in great affliction, with joy from the holy Spirit, <sup>7</sup> so that you became a model for all the believers in Macedonia and in Achaia. <sup>8</sup> For from you the word of the Lord has sounded forth not only in Macedonia and [in] Achaia, but in every place your faith in God has gone forth, so that we have no need to say anything. <sup>9</sup> For they themselves openly declare about us what sort of reception we had among you, and how you turned to God from idols to serve the living and true God <sup>10</sup> and to await his Son from heaven, whom he raised from [the] dead, Jesus, who delivers us from the coming wrath. <sup>11</sup>

**GOSPEL ACCLAMATION & ALLELUIA** *John 14. 23*

*Alleluia, Alleluia! The one who loves Me will keep My word and My Father will love him and We will come to him. Alleluia, Alleluia!*

**GOSPEL:** *Matthew 22:34-40 You shall love the Lord your God, and your neighbor as yourself.*

<sup>34</sup> When the Pharisees heard that he had silenced the Sadducees, they gathered together, <sup>35</sup> and one of them [a scholar of the law]<sup>c</sup> tested him by asking, <sup>36</sup> “Teacher,<sup>c</sup> which commandment in the law is the greatest?”

<sup>37</sup> He said to him,<sup>c</sup> “You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind. <sup>38</sup> This is the greatest and the first commandment. <sup>39</sup> The second is like it:<sup>c</sup> You shall love your neighbor as yourself. <sup>40</sup> The whole law and the prophets depend on these two commandments.”

**Prayer:**

*My loving Lord, I choose to love You with my whole heart, mind, soul and strength. I also choose to love all people as You love them. Give me the grace to live these two commandments of love and to see them as the path to holiness of life. I do love You, dear Lord. Help me to love You more. Jesus, I trust in You. (My Catholic Life)*

**October 30, Monday:**

**Theme: TRUE RIGHTEOUSNESS**

*Province of Quebec: Day of Prayer for Peace*

**ANTIPHON:** *Cf. Psalm 30 Be my protector, O God, a mighty stronghold to save me. For You are my rock, my stronghold! Lead me, guide me, for the sake of Your name.*

**READING 1: Romans 8. 11-17++.** *By the Spirit of God we are His children. It is that very Spirit bearing witness with our spirit when we cry, “Abba Father!”*

**RESPONSORIAL PSALM: Psalm 68. 1+3, 5-6ab, 19-20 R20a**

RESPONSE: Our God is the God of Salvation.

**GOSPEL: Luke 13. 17 - 10. Ought not this woman, a daughter of Abraham whom Satan bound, be set free from this bondage on the Sabbath Day?**

**Prayer:**

*Lord of all grace, I surrender myself to You and trust in Your abundant mercy. I trust that You will enable me to walk in Your ways every day of my life with full confidence. Jesus, I trust in You. (My Catholic Life)*

**October 31, Tuesday**

**Theme: CONVERSION OF HEART**

**ANTIPHON: Psalm 12.** *O Lord, I trust in Your merciful love. My heart will rejoice in Your salvation. I will sing to the Lord who has been bountiful with me.*

**READING 1: Romans 8. 18-25.** *Creation waits with eager longing for the revealing of the children of God.*

**RESPONSORIAL PSALM: Psalm 126: 1-2ab, 2cd-3, 4-5, 6 Response: 3a**

**RESPONSE:** *The Lord has done great things for us.*

**GOSPEL: Luke 13. 18-21. The seed grew and became a tree.**

**Prayer:**

*Lord, I do desire to become holy. I desire to be transformed little by little every day. Help me to allow You to change me every moment of my life so that I can continually walk the path You have laid out for me. Jesus, I trust in You. (My Catholic Life)*

**November 01, Wednesday:**

**Theme: PRESUMPTION**

**Feast: Solemnity of All Saints: Known and Unknown**

**ANTIPHON:** *Let us rejoice in the Lord, as we celebrate the feast day in honour of all the Saints, at whose festival the Angels rejoice and praise the Son of God.*

**READING 1: Revelation 7. 2-4, 9-14.** There was a great multitude that no one could count, from every nation, from all tribes and peoples and languages.

**RESPONSORIAL PSALM: Psalm 24. 1-2, 3-4ab, 5-6 R6**

**RESPONSE:** *Lord, this is the company who seek Your face.*

**Reading2: 1John3. 1-3** We will see God as He is.

**GOSPEL: Matthew 5. 1-12a. Rejoice and be glad, for your reward is great in heaven.**

**Prayer:**

*My loving Lord, I love You deeply and pray that my love may always be honest, genuine and complete. Help me to see, in my life, any ways in which I fail to love You with my whole heart. I give my life to You, dear Lord, without reserve. Jesus, I trust in You. (My Catholic Life).*

**November 02, Thursday:**

**Theme: OVERCOMING INTIMIDATION**

**The Commemoration of all the Faithful Departed (All Souls Day)**

**ANTIPHON: Cf. 1 Thessalonians 4: 1 Corinthians 15.** *Just as Jesus died and has risen again, so through Jesus, God will bring with Him those who have fallen asleep; and as in Adam all die, so also in Christ will all be brought to life.*

**READING 1: Job 19. 1, 23-27. .**

**RESPONSORIAL PSALM: Psalm 103. 1-2, 3,4+6 R Psalm 40.5**

**RESPONSE:** *The Lord is kind and merciful OR The salvation of the just comes from the Lord.*

**READING 2: 1Corinthians 15: 20-23**

**GOSPEL ACCLAMATION: 1Timothy 2 Alleluia. Alleluia. If we have died with Christ, we shall live with Him, and if we are faithful to the end, we shall reign with him. Alleluia**

**GOSPEL: John 12. 23-26. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life.**

**Prayer:**

*Lord, I do trust in Your divine will. I trust in the plan You have laid out for me and refuse to be influenced or intimidated by the foolishness and malice of others. Give me courage and wisdom to keep my eyes on You in all things. Jesus, I trust in You. (My Catholic Life)*

**November 03, Friday:**

**Theme: INVITING JESUS**

**Ferial: St. Martin de Porres**

**ANTIPHON: Cf. Psalm 17. The Lord become my protector. He brought me out to a place of freedom; He saved me because he delighted in me..**

**READING 1: Romans 9.1-5:** I could wish that I myself were accursed and cut off from Christ for the sake of my own people.

**RESPONSORIAL PSALM: Psalm 147. 12-13, 14-15, 19-20 R 12a**

**RESPONSE:** *Praise the Lord, Jerusalem.*

**GOSPEL ACCLAMATION: Alleluia. Alleluia. My sheep listen to my voice, says the Lord; I know them, and they follow me. Alleluia.**

**GOSPEL: Luke 14. 1-6.** If one of you has a child or an ox that has fallen into a well, will you not immediately pull it out on a Sabbath Day?

*Most generous Lord, I do invite You into my heart. Invite You into every situation in my life. Please come dwell with me in my family. Come dwell with me at work, among friends, in my hardships, during my despair, and in all things. Help my attentiveness to You and Your will and lead me to all You have in store for my life. Jesus, I trust in You. (My Catholic Life)*

**November 04, Saturday:**

**Theme: THE EMBARRASSMENT OF PRIDE**

Memorial: St. Charles Borromeo, Bishop

**ANTIPHON: CF. Ezekiel 34.** *I will look after my sheep, says the Lord, and I will appoint a shepherd to pasture them, and I, the Lord, will be their God..*

**READING 1: Romans 11. 1-2a, 11-12, 25-29.** Through the stumbling of Israel, salvation has come to the Gentiles.

**RESPONSORIAL PSALM: Psalm 94. 12-13a, 14-15, 17-18 Response 14a.**

**RESPONSE: The Lord will not abandon His people.**

**GOSPEL: Luke 14. 1, 7-11** *All who exalts themselves will be humbled, and those who humble themselves will be exalted.*

**Prayer:**

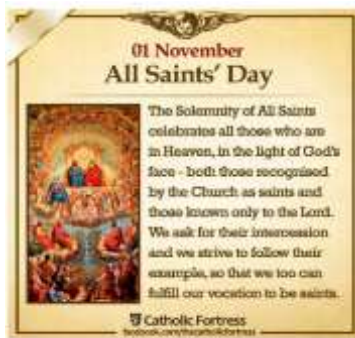
*Lord of Truth, please make me humble. Strip away all pride in my life so that I can turn to You and Your will alone. Help me to have concern only for the Truth that You establish and to use that as the only measure of my soul. Jesus, I trust in You. (My Catholic Life).*

### Celebrating the Commemorations of the Saints For the 30<sup>th</sup> Week

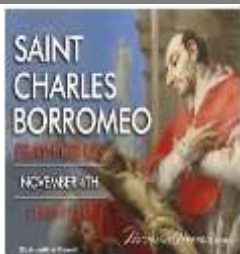
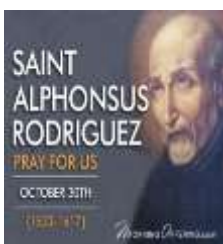
The feast of the saints is important because it is a way of **honouring God and growing in our love for Him**<sup>12</sup>. It also reminds us **of the ways the Lord has been and continues to be at work in the world**<sup>2</sup>, **and of the triumph of the Gospel**<sup>3</sup>. By celebrating the feast days of saints, we commemorate their lives, their virtues, and their intercession for us. (EWTN)

Do not be afraid to be holy! Have the courage and humility to present yourselves to the world determined to be holy, since full, true freedom is born from holiness. – St. Pope John Paul II

### November 01. All Saints' Day



"We do not pretend that life is all beauty. We are aware of darkness and sin, of poverty and pain. But we know **Jesus** has conquered sin and passed through his **own** pain to the glory of the Resurrection. And we live in the light of his **Paschal Mystery** – the mystery of his Death and Resurrection. We are an Easter People and Alleluia is our song!". -**St. Pope John Paul II** (Credits to Catholic-link.org)



"As human beings, we have a natural fear of death and we rebel against its apparent finality. Faith teaches us that the fear of death is lightened by a great hope, the hope of eternity, which gives our lives their fullest meaning. The God who is love offers us the promise of eternal life through the death and resurrection of His Son". – St. Benedict XVI, All Souls Day, Vatican City, Nov 2, 2011 / 09:54 am



### Offering of the Heart

Virgin Mary, most loving mother, please give me a heart like yours, firm in its attachments and of unshakable loyalty, an affectionate heart which radiates a discreet tenderness and which is open, a pure heart which lives in the flesh without burdened by it, a generous heart, quick in forgetting its hurts and always ready to forgive, a considerate heart which hides a great deal of love in the smallest details, in the most humble service, a magnanimous heart which rejoices in other's triumphs and

shares in their sorrows, a heart which condemns no one, and does not tire of being confided to, a heart taken up by Christ, totally given to His infinite love. Amen.

– Ferdinand Lelotte, SJ, 1958  
(translated and adapted by Dr. Chau Thien Phan)

Living with Christ special issue, Prayers to Mary: *Words of Beauty and Wisdom*, (Toronto: Novalis, 2019), p. 11.

**PRAY THE HOLY ROSARY DAILY!**

### The 30<sup>th</sup> Sunday in Ordinary Time – Some Musings

*"I will listen for I am compassionate."*

The golden sun sank slowly down the western sky leaving the earth in a deep darkness as the moon hid behind clouds even though it was waxing toward the full. It was a cool night and the only sounds breaking the silence were the soft cooing of the doves sitting on the deck and the fingertips of the trees reaching toward one another as their gentle voices scratched through the quiet. As I stood watching, suddenly the moon peeked through a small rent in the cloud cover and cast moon shadows on the earth below. That sight enriched my evening hour and I thanked my heavenly Father that I had been present to witness it. It was just another of those small miracles that God sends our way each and every day.

"Love the Lord your God and your neighbour as yourself." Sounds so easy doesn't it? But it's not always easy to do. Love is a hard thing to accomplish. We must first learn to love ourselves and sometimes that seems a bit egoistical. "Love your neighbour", not always easy either. But if we cannot love those we can see how much more challenging it is to love God whom we cannot see. We love the beauty that surrounds us, that is the work of God's hands; but do we love HIM? Perhaps that's part of the reason that the Father sent His Son – so we'd have a human God whom we could love.

There is great peace in the knowledge that God loved us before we loved Him and He continues to love us no matter how much we push against that enduring love of the Father and the Son and the Holy Spirit. If we, flawed humans as we are, still continue to love our children no matter what they do or where they go, how much more does the Father love us?

But God does not set the bar so high that we can never reach it.

We are not meant to spend all our days professing our great love of God on every street corner. Rather we demonstrate that love by our works of charity and help for the people who live with and around us. When we offer help to someone in need, when we comfort someone who is suffering, when we feed those less fortunate than we are, and when we do those things not because we will be lauded for our generosity but because we want to do our part in building a better more caring world, we do it for love of Him. If we look closely at all God has done for us: He sent His Son to open for us the gates of Heaven, He surrounds us with the beauty of creation, He blesses us with rain and sun, we should come to Him in humility and love and thank Him for all these gifts. I've said before that if we really knew how to look at life, all life would become a prayer. It's the reason that I have little rituals asking His blessing on my daily tasks. These tasks will not change the world, but they are a blessing in my life. Asking His blessing on these mundane little jobs raises them to a higher level and are small prayers. When I say, "God help me." I mean just that, knowing that with His help I can do what needs to be done to accomplish those little tasks that can often annoy me. The sun struggled through the clouds the other morning and yet with His help, I knew that my day would hold for me those little miracles.

Wishing you love and many small miracles.

Betty Bruch

### Special Announcement!

Brenda E. Dainton, will have a "Religious Books and Merchandise for Sale" after the Masses on October 28-29, 2023 and November 4-5, 2023 respectively at the CYO Hall. Cash Basis only because she has no swipe. Bring your own bags for your purchases.

*May you'll find joy and peace!*