



# SACRED HEART CATHEDRAL PARISH



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ORDINARY TIME (Wk. 23: Sept. 08-14)

08 September 2024

### Schedule of Masses

**Saturday:** 5:00 PM

**Sunday:** 9:00 AM; 10:30

AM, 5:00 PM and 7:00 PM

(12:00 NN French)

**Monday:** 12:10 PM

**Tuesday:** 12:10 PM

**Wednesday:** 12:10 PM

**Thursday:** 12:10 PM

**Friday:** 12:10 PM

**1<sup>st</sup> & 3<sup>rd</sup> Sunday @5-6PM**

**Syro-Malabar Mass-** (Holy Mass will be in Malayalam, the native language of Kerala, India)



### Schedule of Confession

**Saturday:**

4:00-4:45 PM or call for an appointment

**Sunday:** Before the Mass

**Monday to Friday:** 11:30AM – 12:00 NN

### ADORATION TIME

Thursday

12:40NN – 2:00PM

## PARISH UPDATES

*Please Be Informed, Interested and Willing To Get Involved, Share/Donate, Support, Participate, Cooperate*

### I. PRELUDE TO THE EVENING OF TALK, ADORATION AND BENEDICTION

**Theme: “Dying to Meet You: Preventing Euthanasia and Encouraging Hope”**

More than 50,000 Canadians have died by euthanasia since it was legalized in 2016. The euthanasia rate is three times the suicide rate. Why have suicide and euthanasia become such a temptation in our time? How can we do better to provide mental health support and accompaniment in order to persuade others that the world is better with them in it? Join us at Sacred Heart Cathedral on **Thursday, September 12th at 7:00 p.m.** for an evening that will include Adoration & Benediction, a talk by visiting speaker Amanda Achtman, and a closing reflection by Bishop Vila. Amanda will share stories of travelling all across the country engaging Canadians on the big questions of suffering, death, meaning, and hope. Come be equipped and inspired for the conversations and experiences you are having in your own life because this concerns all of us.

### II. INTRODUCTION TO THE WORKSHOP ENTITLED “Like a Cedar”

**Like a Cedar: A Workshop on the Meaning and Value of Aging**

You've probably heard of John Paul II's theology of the body. But have you heard of Pope Francis's theology of aging? On Saturday, September 14th, you're invited to attend a workshop with Amanda Achtman on Pope Francis's catechesis that seeks inspiration in the Word of God on the meaning and value of old age. Taking seriously what saints, biblical figures, and contemporary heroes have to teach us about what it means to flourish as we age and how to lead meaningful lives, the workshop

will include a mix of presentations, discussion groups, and spiritual activities. Join us in the Cathedral Hall on **Saturday, September 14th from 10:00 a.m. - 2:00 p.m.** Lunch will be provided.

### **III. HOLY ADORATION**

Regular schedule of the Adoration Hour to the Blessed Sacrament will resume on **12<sup>th</sup> September**. From now on Adoration will start after the Eucharist at 12:10 pm and will end at 8pm. However, this Thursday because of Amanda's visit, there will be special prayers at 7pm and adoration will end at 7:30pm. After the adoration everyone will be invited to the hall to continue the meeting.

During the private adoration faithful are invited and encouraged to pray for the intentions of our parish that are in the Intention Box, to pray the Lity of the Most Sacred Heart of Jesus and to remember Pope's intentions. Pope's intention for September is: *"For the cry of the earth: We pray that each one of us will hear and take to heart the cry of the Earth and of victims of natural disasters and climactic change, and that all will undertake to personally care for the world in which we live ."*

### **IV. FEAST OF THE EXALTATION OF THE HOLY CROSS**

The feast is celebrated on **September 14<sup>th</sup>**, and this year it falls on Saturday. There will be **special mass celebrated at 9:00am**.

### **V. SIGNIFICANT UPDATES ON SACRAMENTAL PREPARATIONS**

#### **A. First Communion/Reconciliation and Confirmation**

Registration is now open for our Sacramental Preparation classes and the Catechesis of the Good Shepherd program. All classes start at the beginning of October and are held in the rectory. Registration forms are available in the entrance of the church, the parish office and on our website.

#### **B. First Reconciliation & First Communion**

Grade 3 & 4 Students, Mondays 6:30 to 7:30 pm, First class October 6

#### **C. Confirmation**

Grade 7, 8 & 9 Students, Sundays 6:30 to 8:00 pm, First class October 6

### **VI. Good Shepherd Catechesis**

Good Shepherd Catechesis is a great program helping little children to know God and to fall in love with Jesus. It is divided into two levels, and the second one is offered to the children that have completed the first level. Registration forms are available in the entrance of the church, the parish office and on our website.

#### **Level 1 Catechesis of the Good Shepherd**

For children ages 3, 4 & 5 years old (kindergarten)

Saturdays 10:00 to 11:30 am, First class October 5

#### **Level 2 Catechesis of the Good Shepherd**

For children ages 6, 7, 8 & 9 (children must have participated in level 1)

Wednesdays 3:30 to 5:00 pm, First class October 2

### **VII. RITES OF CHRISTIAN INITIATION FOR ADULTS (RCIA)**

Our RCIA program is offered for those who

- Are not baptized Christians and who would like to become Catholics
- Those who are baptized as other Christian religions (Anglican, United etc.) who would like to join the Catholic Church
- Catholics who are coming back to the Church after long time, especially for those who have never been confirmed
- Anyone else who feel their knowledge of Catholic faith is inadequate

The classes will take place once a week starting in October and the program will run till end of April. Dates and times of classes are to be determined. Registration forms are available in the entrance of the church, the parish office and on our website.

## VIII. THE NICENE CREED

Every 25 years a Jubilee year is proclaimed by the Pope. It happens that our very next year 2025 will be declared a Holy Year with Hope being a main theme. It also happens that Jubilee Year will also coincided with 1700th anniversary of the first great Ecumenical Council, that of Nicea. One of the initiatives to remember this milestone in the Church history is to proclaim Nicene Creed in place of Apostolic Creed we usually use. In order to have smooth transition starting from September we will proclaim it one Sunday of a month. Further information about how and why this creed is important will be provided.

## IX. WHEREABOUTS OF THE RECTOR

This weekend Fr. Bartek is visiting mission Churches in Carmacks, Faro and Ross River. Let us pray for his safety, good health, and guidance of the Holy Spirit as he goes on his missionary works.

## PARISH MINISTRY

### 1. Mass Intentions

Date	Day	Time	Intentions	Date	Day	Time	Intentions
07Sept	Sat	5:00 PM	Cherry Williams: Family Blessings/Health	10Sept	Tue	12:10 PM	
08 Sept	Sun	9:00 AM	All Parishioners	11Sept	Wed	12:10 PM	
		10:30 AM	Blessed Virgin Mary: Blessings	12Sept	Thu	12:10 PM	
		12:00 NN	Renaud Monfette	13Sept	Fri	12:10 PM	Thomas Alphonse Badana: Birthday Blessings
		7:00 PM		14Sept	Sat	5:00 PM	
09Sept	Mon	12:10 PM		"The Lord hears our prayers and knows our intentions".			

### 2. SACRAMENTAL PREPARATION & CATECHISM CLASSES

#### A. Sacrament of Baptism

The forms to register your child for the baptism are available at the entry of the church and on our website. Please fill the form and contact the office for further information. Parent will have to attend the class before the date of baptism is confirmed.

#### B. Sacrament of Reconciliation

Sacrament of Reconciliation is initiated Daily at an specified Day and Time. On a **Saturday** done at 4:00 – 4:45 PM or a call for an appointment. On a **Sunday it will be done** before the Mass while on a **Monday to Friday**, it will be at 11:30 AM – 12:00 NN or after the Holy Mass celebration. You may use the Confession Guide found at the vestibule.

#### C. Sacrament of First Reconciliation, First Holy Communion, Confirmation

In addition to the significant updates on sacramental preparations, Volunteer Catechists are needed for the First Reconciliation, First Communion and Confirmation classes. Training is provided. For further information please contact Caroline Knickle at [csknickle@gmail.com](mailto:csknickle@gmail.com).

### 3. For Special Moments to Reflect and Pray

09Sept. Ferial  
St. Peter Claver



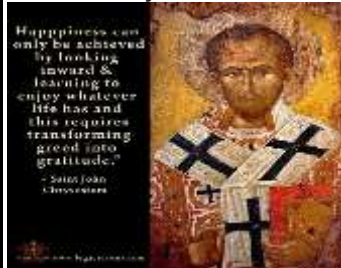
(Courtesy of pinterest.com)

12Sept.Ferial  
Most Holy Name of Mary



(Courtesy of Pinterest)

13Sept. Memorial  
St. John Chrysostom



Courtesy of  
[Whyismuchadoaboutnothing.blogspot.com](http://Whyismuchadoaboutnothing.blogspot.com)

St. Peter Claver born in Spain in 1580 and worked in the missions in South America.

**The Most Holy Name of Mary** – this feast honouring the name of Mary was instituted by Pope Innocent XI in the 17<sup>th</sup> century.

**St. John Chrysostom** was famous for his sermons.

POPE FRANCIS

**GENERAL AUDIENCE**

*Paul VI Audience Hall, Wednesday, 3 January 2024*

**Cycle of Catechesis. Vices and Virtues. 2. *THE SPIRITUAL STRIVING***

**Summary of the Holy Father's words**

*Dear brothers and sisters:*

In our catechesis on the virtues and the vices opposed to them, we have seen that the Christian life involves a constant struggle to resist sin and to grow in holiness. Jesus, himself sinless, submitted to baptism by John and was tempted in the desert, in order to teach us the need for spiritual rebirth, conversion of mind and heart, and unfailing trust in God's mercy and sustaining grace. May our weekly reflections on the virtues and vices help us to imitate the Lord's example, to grow in wisdom and self-understanding, and to discern between good and evil. As we advance in the knowledge and practice of the virtues, may we come to experience the joy of closeness to God, the source of all good, authentic happiness and the fullness of eternal life.

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FURTHER INFORMATION:

**KNIGHTS OF COLUMBUS – WHITEHORSE**

The Knights of Columbus' General Meeting takes place on Wed. Sep 11 in the CYO Hall. The meeting begins @7:00pm ~ by *John Robbins*

For Parish concerns and services, please contact the Secretaries: **Vicenta Barbarona and H el ene Lapens ee** at (867)-667-2437 or email to [office@sacredheartcathedral.ca](mailto:office@sacredheartcathedral.ca)